

190

Training Handout #2:

A Comparison of 8-Hour and 4-Hour Timelines by Unit

(Instructors may use this sheet to write in your target finish clock times for each course Unit and/or topic)

BOB ROOMAN
NAD

Instructor's Unit 1 Timeline – 8-Hour

Topic	Welcome	Participant Introductions	Course Overview	Icebreaker	Pre-Quiz	Summary	TOTAL TIME
Minutes	3	10	5	10	10	2	40

Instructor's Unit 1 Timeline – 4-Hour

Topic	Welcome	Participant Introductions	Course Overview	Icebreaker	Pre-Quiz	Summary	TOTAL TIME
Minutes	2	2	2	5	8	1	20

Clock Finish: | | | | | | | |

Instructor's Unit 2 Timeline – 8-Hour

Topic	Intro	Phys Changes	Vision	Hearing	Reaction Time	Phys Fitness	Break	Meds & Alcohol	Summary	TOTAL TIME
Minutes	3	7	15	8	10	7	10	12	3	75

Instructor's Unit 2 Timeline – 4-Hour

Topic	Intro	Phys Changes	Vision	Hearing	Reaction Time	Phys Fitness	Meds & Alcohol	Summary	TOTAL TIME
Minutes	1	5	14	6	5	5	8	1	45

Clock Finish: | | | | | | | |

Instructor's Unit 3 Timeline – 8-Hour

Topic	Intro	Before Driving	Scanning	3-Sec Follow	Space Cushion	Inter-section	Back-ing up	Adverse Weather	Head On	Parking Lots	Summary	Break	TOTAL TIME
Minutes	3	3	10	7	3	25	3	3	2	3	3	10	75

Instructor's Unit 3 Timeline – 4-Hour

Topic	Intro	Before Driving	Scanning	3-Sec Follow	Break	Space Cushion	Inter-section	Back-ing up	Adverse Weather	Head On	Parking Lots	Summary	TOTAL TIME
Minutes	1	2	6	1	10	1	20	3	3	1	1	1	50

Clock Finish: | | | | | | | |

Instructor's Unit 4 Timeline – 8-Hour

Topic	Intro & Frustrations	Trucks & Buses	School Buses	Emergency Vehicles	Cyclists & Pedestrians	Aggressive Drivers Road Rage	Impaired & Drowsy	Dis-tracted	Practice Assignments	Summary	TOTAL TIME
Minutes	8	8	3	3	6	4	6	6	3	3	50

Instructor's Unit 4 Timeline – 4-Hour

Topic	Intro & Frustrations	Trucks & Buses	School Buses	Emergency Vehicles	Cyclists & Pedestrians	Aggressive Drivers Road Rage	Impaired & Drowsy	Dis-tracted	Summary	TOTAL TIME
Minutes	5	7	2	2	4	4	4	6	1	35

Clock Finish: | | | | | | | |

Instructor's Unit 5 Timeline – 8-Hour

Topic	Practice Assignment Review	Intro	Road Signs Signals & Markings	City/Rural	Highway Interstate	Summary	Break	TOTAL TIME
Minutes	10	2	20	15	20	3	10	80

Instructor's Unit 5 Timeline – 4-Hour

Topic	Intro	Road Signs Signals & Markings	City/Rural	Highway Interstate	Summary	Break	TOTAL TIME
Minutes	1	9	8	11	1	5	35

Clock Finish: | | | | | | |

Instructor's Unit 6 Timeline – 8-Hour

Topic	Intro	Driver Vehicle Fit	Safety Belts & Airbags	Anti-Lock Brakes	Routine Safety Checks	In Case Of a Breakdown	New Vehicle Technology	Next Vehicle	Summary	TOTAL TIME
Minutes	3	3	25	6	5	5	3	2	3	55

Instructor's Unit 6 Timeline – 4-Hour

Topic	Intro	Driver Vehicle Fit	Safety Belts & Airbags	Anti-Lock Brakes	Routine Safety Checks	In Case Of a Breakdown	New Vehicle Technology	Next Vehicle	Summary	TOTAL TIME
Minutes	1	1	9	3	1	2	2	0	1	20

Clock Finish: | | | | | | |

Instructor's Unit 7 Timeline – 8-Hour

Topic	Intro	Assessing Our Driving	Break	Transportation Options	Approaching Others	Summary	TOTAL TIME
Minutes	2	20	10	10	10	3	55

Instructor's Unit 7 Timeline – 4-Hour

Topic	Intro	Assessing Our Driving	Transportation Options	Approaching Others	Summary	TOTAL TIME
Minutes	1	8	1	4	1	15

Clock Finish: | | | | | | |

Instructor's Unit 8 Timeline – 8-Hour

Topic	Intro	Lessons Learned & Quiz	Action Plan	Summary	Course Evaluation & Certificate Distribution	TOTAL TIME
Minutes	2	20	8	5	15	50

Instructor's Unit 8 Timeline – 4-Hour

Topic	Intro	Lessons Learned & Quiz	Action Plan	Summary	Course Evaluation & Certificate Distribution	TOTAL TIME
Minutes	1	5	4	1	9	20

Clock Finish: | | | | | | |