

I ADOPTED WESTON A. PRICE TRADITIONAL EATING 10 MONTHS AGO, FOLLOWING SYSTEMIC ESSENTIAL OIL DEFICIENCIES. THESE CAUSED HAIR LOSS, FLAKING SKIN AND SCALP, AND CRACKED FEET.

MY DERMATOLOGIST SAID I NEEDED HEALTHY FATS. HE RECOMMENDED THE WESTON A. PRICE DIET, AND BOOK THE 150 HEALTHIEST FOODS ON EARTH BY JONNY BOWDEN, PH.D.

THE BOOK MENTIONED THE WESTON A. PRICE FOUNDATION. DR. BOWDEN INCLUDED RAW ORGANIC MILK AS A STARRING ITEM IN THE 150 HEALTHIEST FOODS. HE SAID: "Raw certified organic milk – unpasteurized and unhomogenized...one of the true health foods of the planet... wonderful source of protein and calcium,... fat..perfectly acceptable, and ..absolutely delicious. ...loaded with nutrients, including beneficial bacteria such as Lactobacillus acidophilus. Because it isn't subjected to the high heat of pasteurization, those good bacteria – along with wonderful beneficial enzymes – aren't destroyed. And ..the finest source of calcium available."

I HAD SUFFERED FROM HYPERTENSION AND WAS TAKING PRESCRIPTION MEDICATIONS TO LOWER BLOOD PRESSURE. THEY HAD SIDE EFFECTS AND CAUSED PRE-DIABETES.

IMMEDIATELY AFTER THE DIETARY CHANGE, MY BLOOD PRESSURE DROPPED TO LOW NORMAL LEVELS, RESTING HEART RATE FROM 51 TO 43, AND MAXIMUM HEART RATE CLIMBING DERRY HILL DECLINED FROM 83 PERCENT TO 74 PERCENT. I DROPPED ALL MEDICATIONS. DRY SKIN ISSUES ALSO GRADUALLY SUBSIDED.

MY DAUGHTER LIVING WITH ME ALSO ADOPTED THE DIET. WE DRANK RAW MILK FROM GINGER ROOT HEALTH STORE IN NORWICH ( BALDWIN BROOK FARM, CANTERBURY, CT ). WE ALSO USED FREE RANGE MEATS, BONE BROTH, FREE RANGE EGGS, COD LIVER OIL, ORGAN MEATS, AND X-FACTOR BUTTER. THE DIETARY IDEAL IS 60 TO 80 PERCENT OF CALORIE NEEDS FROM HEALTHY FATS.

MY 32 YEAR OLD DAUGHTER SUFFERED BIPOLAR/MANIC-DEPRESSIVE DISORDER AND SHE TOOK FOUR PRESCRIPTION PSYCHIATRIC MEDICATIONS PLUS ANTIBIOTICS FOR ACNE. SHE WAS SLEEPING 12 - 14 HOURS, WAS UNFOCUSED, VACILLATED FROM LETHARGY TO MANIA AND WHOOPING AND ACTING OUT IN THE COURSE OF THE DAY.

THANKS TO WESTON A. PRICE, I FOUND OUT ABOUT A DIETARY TREATMENT CALLED 'GUT AND PSYCHOLOGY SYNDROME ' (GAPS). IT INVOLVED ELIMINATION OF CASEINS (MILK COMPONENTS) AND GLUTENS (CEREAL, FLOURS, GRAINS) FROM HER DIET. I BEGAN TO MAKE KEFIR AND LONGER CULTURED YOGURT FOR HER, BOTH FROM RAW MILK.

I COULD NOT FIND COMMERCIAL KEFIRS OR YOGURTS SHE COULD TOLERATE. AND GLUTENS WERE ELIMINATED. SHE BEGAN PROBIOTIC SUPPLEMENTS TO INCREASE GOOD BACTERIA IN HER GUT.

IMMEDIATE IMPROVEMENT IN SLEEP AND PSYCHIATRIC SYMPTOMS RESULTED. SHE SLOWLY WITHDREW MEDICATIONS. IN NINE MONTHS, SHE IS MEDICATION FREE, LOST 60 POUNDS EFFORTLESSLY, SLEEPS 8 HOURS, HAS NO MORE LETHARGY TO MANIA TRANSITIONS, READ NINE BOOKS NEVER STARTED BEFORE, HAS GREATER INTEREST IN LIFE AND HOBBIES, AND IS SO IMPROVED. SHE AVOWS 'I JUST STARTED LIVING'.

READY AVAILABILITY OF FREE RANGE GRASS FED RAW MILK IS ESSENTIAL TO THE HEALTH OF BOTH MY DAUGHTER AND MYSELF.

I AM VERY CONCERNED THAT PASSAGE OF HB6313 WILL MAKE RAW MILK, ABSOLUTELY ESSENTIAL TO OUR CONTINUED HEALTH, UNAVAILABLE OR UNAFFORDABLE.

I AM ON PENSION AND DAUGHTER'S SMALL SOCIAL SECURITY BENEFIT. I SPEND \$268 MONTHLY EXTRA ON SPECIAL DIETARY AND FOODSTUFFS NEEDS.

WE TOURED BALDWIN BROOK FARM, SOURCE OF OUR MILK, AN EXCEPTIONAL FACILITY. WE HAVE UTMOST CONFIDENCE IN CHRIS AND MAVIS NEWTON AND THEIR PRODUCTS.

MY UNCLE MIKE HAD A DAIRY FARM AND MANY FRIENDS HAD DAIRY FARMS. WE ALL DRANK RAW MILK.

I UNDERSTAND HB6313 WILL ELIMINATE STORE SALE OF RAW MILK. THAT IS INCONVENIENT, ONLY AVAILABLE CERTAIN HOURS, CERTAIN DAYS. DISTANCE TO DRIVE IS FOUR-FOLD.

I FEEL LABEL WARNING WILL SCARE PEOPLE AWAY. I DO BELIEVE RAW MILK HAS DONE NOTHING TO DESERVE SUCH WARNING. WHAT HAPPENED TO THE AMERICAN IDEAL OF INNOCENT UNTIL PROVEN GUILTY, BY PREDOMINANCE OF SUFFICIENT EVIDENCE?

I FAIL TO SEE WHAT CAN POSSIBLY JUSTIFY THE EXTREME HIGH LEVEL AND EXPENSE OF ADDITIONAL CONTINUOUS TESTING OF RAW MILK PROPOSED UNDER HB6313. ANNUAL COST APPROXIMATES \$16,000 FOR LARGEST RAW MILK FARM IN CONNECTICUT. HOW MUCH PER GALLON?

TOTAL EFFECT OF HB6313 IS EITHER DESTRUCTION OF RAW MILK FARMS OR PROHIBITIVE EXPENSE. DRIVING AWAY CUSTOMERS AND FUTURE CUSTOMERS REDUCES DEMAND AND RAISES PER UNIT PRICE. REDUCING CONVENIENCE OF AVAILABILITY BY MAKING ONLY FARM OBTAINABLE DOES THE SAME. AND TESTING COSTS MUST BE PASSED ON TO THE CUSTOMER. WILL RAW ORGANIC MILK BECOME KNOWN AS 'AMERICAN OPAQUE CHAMPAGNE'?

FARMS ESTIMATE THESE PROVISIONS WILL CAUSE 30 TO 100 PERCENT LOSS OF BUSINESS. SIMPLY UNACCEPTABLE.

I HAVE CHOSEN HEALTHY LIVING. RAW MILK MAKES THAT LIVING POSSIBLE, MY FREE CHOICE TO HAVE. NOTHING SHOULD TAKE IT AWAY FROM ME, WITHOUT ABSOLUTE PROOF IT IS UNHEALTHY, AND WITHOUT DUE PROCESS IN DECIDING.

THROUGHOUT MY NEIGHBORHOOD, I SEE NOT ONE OTHER HEALTHY PERSON. OURS IS NOT A HEALTHY CULTURE. THEY ALL EAT POISONED UNNATURAL MILK, HYDROGENATED TRANS FATS, 160 POUNDS OF SUGARS (ESPECIALLY HIGH FRUCTOSE CORN SYRUP), EXCESSIVE DE-MINERALIZED SALT, CONVENIENCE FOODS SO DEVOID OF REAL FOOD INGREDIENTS ALMOST ALL CONTAIN MONOSODIUM GLUTAMATE UNDER MOST OF ITS 14 DISGUISED NAMES TO PROVIDE ANY SEMBLANCE OF TASTE, AND CANNED/PROCESSED FOODS PRESSURE-HEATED TO REMOVE ALL ESSENTIAL NUTRIENTS, EGGS AND PRODUCTS WITH WRONG OMEGA 3 TO OMEGA 6 RATIOS, AND SO ON.

THE CONSEQUENCE OF THIS IS CHRONIC ILLNESSES. VIRTUALLY EVERY ONE HAS AT LEAST THREE CHRONIC DISEASES. KIDNEY CANCER, NEED FOR DIALYSIS, HIGH BLOOD PRESSURE, PROSTATE CANCER, BREAST CANCER, DIABETES, OBESITY, DEPRESSIONS, HEART TROUBLE, DIFFICULTY WALKING, AMPUTATIONS, OSTEOPOROSIS, SLEEP APNEA, ASTHMA, ALLERGIES, ARTHRITIS, PULMONARY DISEASES, CROHN'S DISEASE, AND ON.

ANOTHER CONSEQUENCE IS AN INEFFICIENT SICK WORKFORCE, COUPLED WITH SPIRALING HEALTH CARE AND INSURANCE COSTS.

IN RECESSION-ECONOMY, WE NEED JOB CREATION AND MAINTENANCE. WHAT IS THE STATE THINKING OF WITH THIS MOVE AGAINST RAW MILK PRODUCERS? HEALTHY RAW MILK FARMS EMPLOY LOTS OF PEOPLE AND PRODUCE INCOME.

ROB SIMMONS SAYS SMALL EMPLOYERS OF 4 OR LESS CONSTITUTE 53 PERCENT OF STATE BUSINESSES. THESE FARMS ARE THE BACKBONE OF EMPLOYMENT.

GOVERNOR RELL AND LT GOVERNOR FEDELE SAY "TOP PRORITIES INCLUDE SUPPORTING SMALL BUSINESS ACROSS THE STATE AND BOOSTING ECONOMIC DEVELOPMENT" AND "ARE COMMITTED TO ENSURING THAT CONNECTICUT REMAINS A FRIENDLY PLACE TO DO BUSINESS" SHE LATER SAYS "IT'S MORE IMPORTANT THAN EVER FOR CONNECTICUT'S STATE AGENCIES TO WORK AS A TEAM TO HELP CONNECTICUT'S BUSINESS COMMUNITY".

HOW IS BILL 6313 CONSONANT WITH THESE AVOWED GOALS? THANKS FOR LISTENING.