

"Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has." ~ Margaret Mead

**Public Health Committee**

**House Bill #6200**

**AN ACT CONCERNING THE USE OF LONG-TERM ANTIBIOTICS FOR THE TREATMENT OF LYME DISEASE**

Dear Representative Chris Lyddy and Members of the Public Health Committee:

Simply put, antibiotic treatment has saved my life from Lyme disease, while integrative and alternative therapies have played a significant role in my recovery from the infectious disease. I was first exposed to the bacterial spirochetes in 1978 and 1997. Ten years later, I was exposed again, and removed countless deer ticks from my two toddlers. Three seizures and five years later, none of my migratory symptoms and neuro-psychological disturbances, nor my children's reoccurring illnesses and cognitive symptoms were ever recognized or properly diagnosed. Well, not until I started praying for answers and practicing yoga, while amassing accurate information on Lyme through books and non profit LD organizations. In 2003, my family and I were granted proper testing and antibiotic treatment through two Lyme literate physicians. Yes, the doctor visits, blood tests, antibiotics and alternative treatments (not covered by insurance) have been a real challenge (besides being very costly) but the healing rewards have been worth it. My kids and I are living proof that it IS possible to get better from chronic Lyme disease when accurate testing and antibiotics are properly administered and medical treatment is approached from an integrative, holistic point of view.

From my heart, I give thanks to you Chris, and our other Connecticut lawmakers, for caring to help sponsor this bill and bring to light more truth about Lyme disease.

Thank you for your time and consideration, with my best regards, k

*Karen Kissling*

*613 Nod Hill Road*

*Wilton, CT 06897*

*203-761-0407*

*203-722-2780*

*kmkm@optonline.net*

*www.yogakids.com*