

Janet Auster
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Dear Senators, Congressmen and Congresswomen, and all who care about us:

The minute social services counselors start stating as clear facts that we have to cut back on all care for persons with psychiatric disabilities, we persons in recovery have to prepare for fresh and new cruelty that almost completely sabotages everything we stand for. I use the word almost because we people in recovery are so true, wise, imaginative and with such a vision for how great our lives can be that we have to speak out to defy and peaceably fight that one day our voices and visions will be heard.

If Social Services gets negative, people that could be out in the community living happy, healthy lives would instead live emotionally crippling lives in barely functioning hospitals, stripped of their hope and identity.

They would be forced to give up cigarettes and not eat carbohydrates, prevented from having the joy of seeing their loved ones and fulfilling their innermost dreams.

When we ask for help, we are not being selfish. We are being honest and brave. If everyone asks for help, we would have a better world.

How many more years do we have to wait for our ship to come in?

Sincerely,
Janet Auster
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