

Testimony for SB 562 (submitted written only)

Human Services Committee: March 4, 2008

I have been on spend-down now for almost one year. I have health problems as well as psychiatric problems and it has affected those conditions. I have an anxiety disorder and have been nervous about trying to come up with bills to meet spend-down requirements. Despite the fact that I already have a co-pay for medications, it still is not enough.

Medically, I have a heart condition, which the doctor says stress and anxiety do not help the situation. I also have Diabetes type I and back problems. I try and take care of myself and monitor diet, etc.

This spend-down causes me to be nervous most of the time, and I have had difficulty trying to decipher what the spend-down is and what I need to do to meet it.

My caseworker does not have much to offer as far as helping me along, and does not give specifics as to what to do.

Please assist us to amend this problem, that affects people with disabilities, most of which are not able to work.

Waterbury, CT

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I am currently on a spend-down. It affects my social security and my medications that I have to take for medical and psychiatric problems. It also affects my medical bills that I will have to pay this year.

So please try and get rid of the spend-down and co-pay.

Thank you,

Waterbury, cT