

March 10, 2008

Hi, my name is Heydi and I have been participating in the Nurturing Families Program for the past two years. This program has been a big help to me. I started with my home visitor when I was pregnant. We liked her right away although I was cautious because I did not know her and I was new to this area.

While she was working with me I learned that I was having twins and we were very excited. I learned so much about becoming a mother and all the changes that were taking place in my body. My boyfriend learned a lot too, he was now able to see pictures and learn with me.

The Nurturing Families Program has been a good opportunity for my family. We look forward to the Ages and Stages activities every few months and the new games and ideas our home visitor brings when she comes. The program gives me a chance to meet other families and gives my children a time to learn and play during the focus groups.

The connecting with the community and its resources has been one of the most helpful parts of the program. I have learned how and where to go when I need information or assistance. My home visitor Lourdes has connected me with an ESL class which I am currently attending in Plainville, CT and doing well.

My twins are now 19 months old and they are developing well now, but there was a time that we were concerned about their development. My home visitor would bring activities each week and when the boys were about 9 months we made a referral to Birth to three, after completing several ages and stages screens. I must say Lourdes was very supportive to me and my family at this time and through the process. My twins Teacher (from B- 3) made the recommendation that I continue with the NFN program and encourage the children as much as possible to learn and grow. This was a great feeling to know that there was someone I could count on. My boyfriend and I will continue with this program and we look forward to learning more this year.

Respectfully submitted,

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