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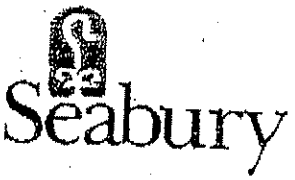

March, 2007

We, the undersigned, strongly support and encourage our state legislators to enact:

1) Proposed Bill No. 265, AN ACT CONCERNING THE ESTABLISHMENT OF A FALL PREVENTION PROGRAM FOR PERSONS SIXTY-FIVE YEARS OF AGE OR OLDER, and

2) Proposed Bill No. 657, AN ACT ESTABLISHING A FALL PREVENTION PROGRAM.

Falls are
- the most preventable cause for moving to a nursing home
- more common than strokes
- cause more than 90 percent of broken hips

For adults age 70 and older falls present an increasing threat:
- 3 out of 10 fall each year
- 1 out of 10 suffer a serious injury such as broken bone or head injury from falling
- 16 percent of Emergency Department visits are from falling

There are several known risk factors and strategies for preventing falls that health care providers and clients don't recognize or overlook. The risks for falls include:
- problems walking or moving about
- foot problems or unsafe footwear
- blood pressure dropping too quickly when getting up
- problems seeing
- tripping hazard
- poor body strength and flexibility
- medications

We urge our legislators to pass Proposed Bill No. 265 to establish a state-wide public information program on fall prevention for those 65 years of age and older, and Proposed Bill No. 657 to reduce the costs of health care from falls among older adults. This legislation will educate health care professionals and older adults to the risks for falling, provide information on methods to reduce or prevent falling and injuries from falling, and examine the health care savings from preventing falls.

We, the undersigned, urge your prompt support and action in passing Proposed Bill No.265 and Proposed Bill No. 657:

Name: Address: Registered Voter: (Yes or No)

Catherine L. Pepin 400 Seabury Dr #3179 Blmfd, CT. Yes

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Janet Fletcher	400 Seabury Drive	Yes
Gladys Dunbar	200 Seabury	Yes
Marjory C Wells	200 Seabury	yes
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Dora Lautrel	2126 Seabury Dr.	Yes
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Frank Fishman	301 "	Yes
Irma Daniells	2114 "	yes
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Joan Morcom	309	yes
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Lydia [illegible]	400 Seabury Dr. Bloomfield	Yes
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Joan B Melvin	401 Seabury Dr. Apt. 5175	yes
Luna Coleridge		yes
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[illegible]	52 Britton Farm Rd #126	Yes
[illegible]	117 Princeton Street	Yes