



General Assembly

February Session, 2006

**Raised Bill No. 5761**

LCO No. 3043

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Referred to Committee on Education

Introduced by:  
(ED)

**AN ACT CONCERNING STEROID USE BY STUDENTS.**

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. Subsection (a) of section 10-19 of the general statutes is  
2 repealed and the following is substituted in lieu thereof (*Effective July*  
3 *1, 2006*):

4 (a) The knowledge, skills and attitudes required to understand and  
5 avoid the effects of alcohol, of nicotine or tobacco and of drugs, as  
6 defined in subdivision (17) of section 21a-240, including, but not  
7 limited to, anabolic steroids, on health, character, citizenship and  
8 personality development shall be taught every academic year to pupils  
9 in all grades in the public schools; and, in teaching such subjects,  
10 textbooks and such other materials as are necessary shall be used.  
11 Annually, at such time and in such manner as the Commissioner of  
12 Education shall request, each local and regional board of education  
13 shall attest to the State Board of Education that all pupils enrolled in its  
14 schools have been taught such subjects pursuant to this subsection and  
15 in accordance with a planned, ongoing and systematic program of  
16 instruction. The content and scheduling of instruction shall be within  
17 the discretion of the local or regional board of education. Institutions of

18 higher education approved by the State Board of Education to train  
19 teachers shall give instruction on the subjects prescribed in this section  
20 and concerning the best methods of teaching the same. The State Board  
21 of Education and the Board of Governors of Higher Education in  
22 consultation with the Commissioner of Mental Health and Addiction  
23 Services and the Commissioner of Public Health shall develop health  
24 education or other programs for elementary and secondary schools  
25 and for the training of teachers, administrators and guidance  
26 personnel with reference to understanding and avoiding the effects of  
27 nicotine or tobacco, alcohol and drugs.

28 Sec. 2. Subsection (a) of section 10-220a of the general statutes is  
29 repealed and the following is substituted in lieu thereof (*Effective July*  
30 *1, 2006*):

31 (a) Each local or regional board of education shall provide an in-  
32 service training program for its teachers, administrators and pupil  
33 personnel who hold the initial educator, provisional educator or  
34 professional educator certificate. Such program shall provide such  
35 teachers, administrators and pupil personnel with information on (1)  
36 the nature and the relationship of drugs, as defined in subdivision (17)  
37 of section 21a-240, including, but not limited to, anabolic steroids, and  
38 alcohol to health and personality development, and procedures for  
39 discouraging their abuse, (2) health and mental health risk reduction  
40 education which includes, but need not be limited to, the prevention of  
41 risk-taking behavior by children and the relationship of such behavior  
42 to substance abuse, pregnancy, sexually transmitted diseases,  
43 including HIV-infection and AIDS, as defined in section 19a-581,  
44 violence, child abuse and youth suicide, (3) the growth and  
45 development of exceptional children, including handicapped and  
46 gifted and talented children and children who may require special  
47 education, including, but not limited to, children with attention-deficit  
48 hyperactivity disorder or learning disabilities, and methods for  
49 identifying, planning for and working effectively with special needs  
50 children in a regular classroom, (4) school violence prevention and

51 conflict resolution, (5) cardiopulmonary resuscitation and other  
52 emergency life saving procedures, (6) computer and other information  
53 technology as applied to student learning and classroom instruction,  
54 communications and data management, (7) the teaching of the  
55 language arts, reading and reading readiness for teachers in grades  
56 kindergarten to three, inclusive, and (8) second language acquisition in  
57 districts required to provide a program of bilingual education  
58 pursuant to section 10-17f, as amended. The State Board of Education,  
59 within available appropriations and utilizing available materials, shall  
60 assist and encourage local and regional boards of education to include:  
61 (A) Holocaust education and awareness; (B) the historical events  
62 surrounding the Great Famine in Ireland; (C) African-American  
63 history; (D) Puerto Rican history; (E) Native American history; (F)  
64 personal financial management; and (G) topics approved by the state  
65 board upon the request of local or regional boards of education as part  
66 of in-service training programs pursuant to this subsection.

67       Sec. 3. (NEW) (*Effective July 1, 2006*) The Department of Education,  
68 in consultation with the Department of Public Health and an  
69 organization or association that sponsors or organizes interscholastic  
70 sports, shall develop and make available to each local and regional  
71 board of education a protocol for random testing of teams and  
72 individuals qualifying for annual state athletic championship  
73 tournaments for anabolic steroids. The protocol shall specify the types  
74 of steroid drugs the program will test for, possible testing methods,  
75 dosage levels, the consequences of a positive test result and test fees  
76 and costs. The organization shall implement the steroid testing  
77 program using the protocol starting with the state tournaments for the  
78 2007-2008 school year.

79       Sec. 4. (*Effective July 1, 2006*) The State Board of Education, in  
80 consultation with an organization or association that sponsors or  
81 organizes interscholastic sports and an organization or association of  
82 high school athletic directors, shall revise health and physical  
83 education curriculum guides for grades seven to twelve, inclusive, to

84 incorporate information on the use of anabolic steroids. The  
85 information shall include steroid prevention strategies, strength  
86 building alternatives and keys to aid in the understanding and  
87 interpretation of nutritional supplement labels. Not later than July 1,  
88 2007, the board shall make new curriculum guides available to local  
89 and regional boards of education.

90       Sec. 5. (NEW) (*Effective July 1, 2006*) (a) The Commissioner of Public  
91 Health shall establish, within available appropriations, a public  
92 education and outreach program designed to educate individuals age  
93 twelve to eighteen, inclusive, on the dangers associated with the use of  
94 illegal anabolic steroids.

95       (b) The program shall address the (1) physical and psychological  
96 effects of illegal anabolic steroid use; (2) withdrawal symptoms  
97 associated with cessation of illegal anabolic steroid use; (3) dangers  
98 associated with the lack of oversight and standards in the manufacture  
99 and distribution of illegal anabolic steroids; (4) criminal penalties  
100 associated with obtaining and possessing illegal anabolic steroids; and  
101 (5) alternatives to the use of illegal anabolic steroids, including, but not  
102 limited to, nutritional and physical conditioning alternatives. In  
103 developing the public education and outreach program, the  
104 commissioner shall consider incorporating elements of the steroid  
105 prevention program established by the National Institute on Drug  
106 Abuse.

107       (c) Methods for disseminating information under the program may  
108 include the following: (1) Using mass media, interactive approaches  
109 and written materials, including, but not limited to, materials on the  
110 Internet, with the goal of reaching at-risk individuals; (2) conducting  
111 public forums or establishing programs in schools in different  
112 geographical areas of the state; and (3) involving community-based  
113 organizations in developing messages and in devising and  
114 implementing education strategies.

115       (d) The commissioner shall conduct periodic evaluations of the

116 effectiveness of education and outreach efforts under this section.

117       Sec. 6. (*Effective July 1, 2006*) The sum of two hundred fifty thousand  
118 dollars is appropriated to the Department of Public Health, from the  
119 General Fund, for the fiscal year ending June 30, 2007, for the purpose  
120 of funding the anabolic steroid public education and outreach program  
121 established under section 5 of this act.

This act shall take effect as follows and shall amend the following sections:		
Section 1	<i>July 1, 2006</i>	10-19(a)
Sec. 2	<i>July 1, 2006</i>	10-220a(a)
Sec. 3	<i>July 1, 2006</i>	New section
Sec. 4	<i>July 1, 2006</i>	New section
Sec. 5	<i>July 1, 2006</i>	New section
Sec. 6	<i>July 1, 2006</i>	New section

**Statement of Purpose:**

To address the problem of abuse of steroids by students.

*[Proposed deletions are enclosed in brackets. Proposed additions are indicated by underline, except that when the entire text of a bill or resolution or a section of a bill or resolution is new, it is not underlined.]*