



# Senate

General Assembly

**File No. 407**

January Session, 2005

Substitute Senate Bill No. 1066

*Senate, April 19, 2005*

The Committee on Education reported through SEN. GAFFEY of the 13th Dist., Chairperson of the Committee on the part of the Senate, that the substitute bill ought to pass.

## **AN ACT CONCERNING STEROID USE PREVENTION.**

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. Subsection (a) of section 10-19 of the general statutes is  
2 repealed and the following is substituted in lieu thereof (*Effective July*  
3 *1, 2005*):

4 (a) The knowledge, skills and attitudes required to understand and  
5 avoid the effects of alcohol, of nicotine or tobacco and of drugs, as  
6 defined in subdivision (17) of section 21a-240, including, but not  
7 limited to, anabolic steroids, on health, character, citizenship and  
8 personality development shall be taught every academic year to pupils  
9 in all grades in the public schools; and, in teaching such subjects,  
10 textbooks and such other materials as are necessary shall be used.  
11 Annually, at such time and in such manner as the Commissioner of  
12 Education shall request, each local and regional board of education  
13 shall attest to the State Board of Education that all pupils enrolled in its  
14 schools have been taught such subjects pursuant to this subsection and

15 in accordance with a planned, ongoing and systematic program of  
 16 instruction. The content and scheduling of instruction shall be within  
 17 the discretion of the local or regional board of education. Institutions of  
 18 higher education approved by the State Board of Education to train  
 19 teachers shall give instruction on the subjects prescribed in this section  
 20 and concerning the best methods of teaching the same. The State Board  
 21 of Education and the Board of Governors of Higher Education in  
 22 consultation with the Commissioner of Mental Health and Addiction  
 23 Services and the Commissioner of Public Health shall develop health  
 24 education or other programs for elementary and secondary schools  
 25 and for the training of teachers, administrators and guidance  
 26 personnel with reference to understanding and avoiding the effects of  
 27 nicotine or tobacco, alcohol and drugs.

28       Sec. 2. (*Effective July 1, 2005*) Not later than January 1, 2006, the  
 29 Department of Education, in consultation with the Department of  
 30 Public Health and an organization or association that sponsors or  
 31 organizes interscholastic sports, shall develop and make available to  
 32 each local and regional board of education a protocol for incorporating  
 33 testing for anabolic steroid use as part of the annual physical  
 34 examination required for students who participate in interscholastic  
 35 athletic activities. The protocol shall cover types of steroid drugs,  
 36 possible testing methods, dosage levels, requirements for confirmation  
 37 tests and recommendations on actions by the board of education in  
 38 response to a positive test result. Each local and regional board of  
 39 education may decide whether to follow the protocol.

This act shall take effect as follows and shall amend the following sections:		
Section 1	<i>July 1, 2005</i>	10-19(a)
Sec. 2	<i>July 1, 2005</i>	New section

**ED**           *Joint Favorable Subst.*

The following fiscal impact statement and bill analysis are prepared for the benefit of members of the General Assembly, solely for the purpose of information, summarization, and explanation, and do not represent the intent of the General Assembly or either House thereof for any purpose:

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### **OFA Fiscal Note**

#### **State Impact:**

<b>Agency Affected</b>	<b>Fund-Effect</b>	<b>FY 06 \$</b>	<b>FY 07 \$</b>
Education, Dept.	GF - Cost	\$10,000 to \$15,000	None
Public Health, Dept.	GF - None	None	None

Note: GF=General Fund

#### **Municipal Impact:**

<b>Municipalities</b>	<b>Effect</b>	<b>FY 06 \$</b>	<b>FY 07 \$</b>
All Municipalities	STATE MANDATE - Cost	Minimal	Minimal

#### **Explanation**

This bill results in an estimated cost of \$10,000 to \$15,000 to the State Department of Education in FY 06 due to the bill's requirement to develop a protocol for testing students for anabolic steroids. Neither the State Department of Education nor Department of Public Health have expertise in this area and would require outside consultants to develop the protocol and make it available to local and regional school districts.

Additionally the bill mandates that local and regional school districts include anabolic steroids in their instruction concerning the effects of drugs. Adding this additional instruction results in a minimal cost to the districts due to the potential for needed curriculum material.

**OLR Bill Analysis**

sSB 1066

***AN ACT CONCERNING STEROID USE PREVENTION*****SUMMARY:**

This bill requires public schools to include anabolic steroids in the instruction about the effects of drugs they must already provide annually to every student in every grade. The law requires public schools, as part of a planned, ongoing, and systematic instructional program, to teach students to understand and avoid the effects of drugs, alcohol, nicotine, and tobacco on health, character, citizenship, and personality development.

The bill also requires the State Department of Education (SDE), by January 1, 2006, to develop a protocol for testing students for anabolic steroids as part of the annual physical required for students who participate in interscholastic athletics. It must make the protocol available to local and regional school districts. District use of the protocol is voluntary.

SDE must consult with the Department of Public Health and an organization that sponsors and organizes interscholastic sports (such as the Connecticut Interscholastic Athletic Conference) in developing the protocol. The protocol must cover types of steroid drugs, possible testing methods, dosage levels, requirements for confirmation tests, and recommendations for school board action in cases of positive test results.

EFFECTIVE DATE: July 1, 2005

**BACKGROUND*****Anabolic Steroids***

Anabolic steroids are a class of natural and synthetic steroid hormones that promote cell growth and division, resulting in growth of muscle tissue and sometimes bone size and strength. Many steroids are

injected but some are swallowed. Most sports ban the use of these substances.

**COMMITTEE ACTION**

Education Committee

Joint Favorable Substitute

Yea 22    Nay 1