



House of Representatives

General Assembly

File No. 405

February Session, 2004

House Bill No. 5344

House of Representatives, April 1, 2004

The Committee on Education reported through REP. GIANNAROS of the 21st Dist., Chairperson of the Committee on the part of the House, that the bill ought to pass.

***AN ACT CONCERNING CHILDHOOD NUTRITION IN SCHOOLS,
RECESS AND LUNCH BREAKS.***

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. (NEW) (*Effective July 1, 2004*) Each local and regional
2 board of education shall ensure that (1) each child, in the schools under
3 its jurisdiction, is provided with an opportunity for a lunch break that
4 is a minimum of twenty minutes every school day, and (2) each child
5 in grades kindergarten to five, inclusive, in the schools under its
6 jurisdiction, has the opportunity for physical activity for a minimum of
7 twenty minutes every school day or a minimum of one hundred
8 minutes every week, except that the planning and placement team
9 may develop a different schedule for a child requiring special
10 education and related services in accordance with chapter 164 of the
11 general statutes and the Individual With Disabilities Education Act, 20
12 USC 1400 et seq. , as amended from time to time.

13 Sec. 2. (NEW) (*Effective July 1, 2004*) On and after September 1, 2004,

The following fiscal impact statement and bill analysis are prepared for the benefit of members of the General Assembly, solely for the purpose of information, summarization, and explanation, and do not represent the intent of the General Assembly or either House thereof for any purpose:

OFA Fiscal Note

State Impact: None

Municipal Impact: None

Explanation

Local and regional school districts can accommodate the requirements of this bill within their current fiscal and programmatic flexibility.

OLR Bill Analysis

HB 5344

***AN ACT CONCERNING CHILDHOOD NUTRITION IN SCHOOLS,
RECESS AND LUNCH BREAKS*****SUMMARY:**

This bill requires local and regional school boards to provide (1) all students with the opportunity for a minimum 20-minute daily lunch break, and (2) most students in kindergarten through grade five with the opportunity for at least 20 minutes of daily or 100 minutes of weekly physical activity. But it allows a planning and placement team to develop a different physical activity schedule for an identified special education student.

The bill also requires the boards, beginning September 1, 2004, to make dairy products, including low-fat products, water, 100% fruit juices, and fresh and dried fruit available for purchase whenever food or drink can be bought in a school building.

EFFECTIVE DATE: July 1, 2004

BACKGROUND***Related Bill***

sSB 357 (file 114), reported favorably by the Public Health Committee, contains essentially the same provisions as this bill, except that it specifies that the daily 20-minute lunch break and physical activity requirements apply to full school days and the 100-minute weekly physical activity requirement applies to full school weeks.

COMMITTEE ACTION

Select Committee on Children

Joint Favorable Change of Reference

Yea 13 Nay 0

Education Committee

Joint Favorable Report
Yea 26 Nay 0