



General Assembly

February Session, 2002

Raised Bill No. 584

LCO No. 2403

Referred to Committee on Public Health

Introduced by:
(PH)

AN ACT CONCERNING SCHOOL NUTRITION.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. (NEW) (*Effective October 1, 2002*) (a) Each local and
2 regional board of education, in cooperation with the Department of
3 Public Health, shall adopt nutrition standards for the sale of all food
4 on school grounds and shall post a summary of nutrition and physical
5 activity laws and regulations in public view within all school
6 cafeterias.

7 (b) Except as provided in this subsection, at elementary schools, the
8 only food that shall be served to students during breakfast and lunch
9 periods is food that is sold as a full meal. The sale of fruit, nonfried
10 vegetables, legumes, beverages, dairy products or grain products as
11 individual food items shall be allowed if such items meet the following
12 requirements:

13 (1) An individual food item sold to a student during morning or
14 afternoon breaks at elementary schools shall meet all of the following
15 standards:

16 (A) Not more than thirty-five per cent of its total calories shall be
17 from fat, except for the nuts or seeds;

18 (B) Not more than ten per cent of its total calories shall be from
19 saturated fat; and

20 (C) Not more than thirty-five per cent of its total weight shall be
21 composed of sugar, except for fruits and vegetables.

22 (2) At all times, water, milk, one hundred per cent fruit juices or
23 fruit-based drinks that are composed of fifty per cent fruit juice and
24 that have no added sweeteners are the only beverages that shall be
25 sold to students at an elementary school.

26 (3) An elementary school shall permit the sale of food items that do
27 not comply with the subdivisions (1) and (2) of this subsection if the
28 sale of such items takes place one-half hour after the end of the school
29 day.

30 (c) At middle schools, vending machines that contain beverage
31 items that do not meet the requirements of this section shall remain
32 locked or be rendered inoperable until after the end of the last lunch
33 period.

34 (d) Both elementary schools and middle schools shall give
35 preference to foods and beverages that contain a higher level of
36 calcium than products of the same type and quality and are equal or
37 lower in price than products of similar type and quality.

38 Sec. 2. (NEW) (*Effective October 1, 2002*) The Commissioner of Public
39 Health, in consultation with the Commissioner of Education, shall
40 adopt a nutrition policy to carry out the following:

41 (1) Implement the nutritional standards outlined in section 1 of this
42 act;

43 (2) Encourage fundraisers that promote good health habits;

- 44 (3) Ensure that no student goes hungry;
- 45 (4) Improve nutritional standards;
- 46 (5) Increase the availability of fresh fruits and vegetables;
- 47 (6) Ensure, to the extent possible, that food is served fresh;
- 48 (7) Encourage students to participate in the school lunch program;
- 49 (8) Ensure that nutrition and physical activity are integrated into
50 school curricula;
- 51 (9) Ensure regular professional development for food service staff;
- 52 (10) Ensure students a minimum of thirty minutes to eat lunch and
53 twenty minutes to eat breakfast, when provided;
- 54 (11) Ensure students engage in healthful levels of vigorous physical
55 activity;
- 56 (12) Ensure students receive nutrition education;
- 57 (13) Improve the quality of physical education curricula and
58 increase training of physical education teachers;
- 59 (14) Enforce existing physical education requirements;
- 60 (15) Increase the availability of organic fruits and vegetables and
61 school gardens; and
- 62 (16) Collaborate with farmers' markets.

63 Sec. 3. (*Effective from passage*) (a) The Department of Public Health, in
64 consultation with the Department of Education, shall establish a school
65 nutrition pilot program in New Haven. Said pilot program shall be in
66 effect for the 2002-2003 school year and comply with the following
67 requirements:

68 (1) No beverage other than any of the following shall be sold to
69 students from one-half hour before the start of the school day until
70 one-half hour after the end of the school day:

71 (A) Fruit-based drinks that are composed of no less than fifty per
72 cent fruit juice and that have no added sweeteners;

73 (B) Drinking water;

74 (C) Milk, including, but not limited to, chocolate milk, soy milk, rice
75 milk and other similar dairy or nondairy milk; or

76 (D) Electrolyte replacement beverages that do not contain more than
77 forty-two grams of added sweetener per twenty ounce serving.

78 (2) No carbonated beverage shall be sold to students from one-half
79 hour before the start of the school day until one-half hour after the end
80 of the school day.

81 (3) (A) Except as set forth in subparagraph (B) of this subdivision,
82 no beverage that exceeds twelve ounces per serving shall be sold to
83 students from one-half hour before the start of the school day until
84 one-half hour after the end of the school day.

85 (B) The twelve ounce maximum serving requirement shall not apply
86 to any of the following:

87 (i) Drinking water;

88 (ii) Milk, including, but not limited to, chocolate milk, soy milk, rice
89 milk and other similar dairy or nondairy milk; and

90 (iii) An electrolyte replacement beverage.

91 (4) Entrée items and side dish serving sizes shall be no larger than
92 the portions of those foods served as part of the federal school meal
93 program.

94 (5) Fruit and nonfried vegetables shall be offered for sale at any
95 location where food is sold.

96 (b) The Commissioner of Public Health, in consultation with the
97 Commissioner of Education, shall report, in accordance with section
98 11-4a of the general statutes, a summary of findings of said pilot
99 program to the joint standing committees of the General Assembly
100 having cognizance of matters relating to public health and education
101 by October 1, 2003.

This act shall take effect as follows:	
Section 1	<i>October 1, 2002</i>
Sec. 2	<i>October 1, 2002</i>
Sec. 3	<i>from passage</i>

Statement of Purpose:

To implement school nutrition standards.

[Proposed deletions are enclosed in brackets. Proposed additions are indicated by underline, except that when the entire text of a bill or resolution or a section of a bill or resolution is new, it is not underlined.]