

Resources on Bullies and Bullying Available at Connecticut Clearinghouse

For more information about these resources please visit www.ctclearinghouse.org and click on Resource Catalog or call 800-232-4424

Audiovisuals

Bullies Are A Pain In The Brain (DVD & VHS)

Offers kids practical, easy-to-implement solutions for dealing with their own bully problems such as work on building your confidence, staying calm, giving bullies lots of space, telling an adult, and more.

Bully Beware: Take Action Against Bullying (VHS)

Summary: Comprised of four scenarios depicting realistic incidents of bullying, this program offers students practical advice and skills to handle difficult situations.

Bully Dance (DVD & VHS)

Summary: A non-verbal film with a strong message about bullies. A bully victimizes a smaller member of his group and disrupts the life of his community. Eventually the victim and the group must deal with the bully, who is himself a victim in his own house.

The Bully Smart Series: A Complete Bullying Curriculum (DVD)

Summary: A set of 4 DVDs of 20 minutes each discussing and illustrating the problems of bullies.

Bystander Issues And Bullying (DVD & VHS)

Summary: A bystander can choose to intervene in an incident or to abstain from action. Bullying takes various forms, including ostracism -- the ignoring or "banishing" of targeted individuals. Social cliques often engage in this type of bullying. Three vignettes illustrate incidents in which bystanders decline to become involved and an incidence of teasing that escalates into bullying. Group activities investigate the price of silence, bystanders' responsibilities, rumors, cliques and bullying.

Connecting with kids for parents: character education for parents of kids in grades 6-12: Tape 3: Ounce of prevention (VHS)

Summary: Tape 3 focuses on school violence from the perspectives of both school bullies and their victims

Gossiping, Taunting, Bullying: It's All Harassment (VHS)

Summary: Presents dramatic vignettes that show realistic situations of harassment. Helps teens share their own experiences coping with bullying, taunting and teasing.

It's A Girl's World: A Documentary About Social Bullying (DVD)

Summary: Examines the relationships among young girls. Through audio and video diaries, a disturbing picture emerges of how girls use friendships to hurt each other and win social power in the group. At the same time, their parents struggle through considerable denial and disbelief to accept and deal with the serious consequences of this behavior. Discusses a true story of a fourteen-year-old girl who committed suicide. Shatters the myth that social bullying among girls is an acceptable part of growing up.

One Of Them (VHS)

Summary: Freedom from bullying, name-calling and violence motivates the high school seniors in this school-based drama. One of them raises the questions that high school students talk about in school halls and washrooms. With a focus on homophobia and discrimination, not sexual behaviour, the dramatization prompts viewers to examine their own responses and promote a safe school environment for all students.

PeaceTalks (VHS)

Summary: Volume 4, Dealing with bullies, troublemakers and dangerous situations, deals with verbal and physical harassment, bullies and gangs, what to do when afraid, protecting oneself in threatening situations, how to help victims, and making schools and neighborhoods safe.

Real Kids: What We Learned About Bullying (VHS)

Summary: Interviews with children who discuss their feelings about bullies and bullying in their own words. Through the video children will learn to recognize bullying behavior; understand that there are different kinds of bullies; understand common motives of bullies, and learn some positive strategies to stop bullying.

Sticks & Stones: Words That Hurt And How Young People Can Overcome Them (VHS)

Summary: Young children ages 5 to 12 describe how they feel when they hear put-downs of themselves or their families. Children learn from subtle clues what society thinks about gender roles, same-sex parents and family differences. The children in this video vividly describe how it feels to be teased when their families don't follow traditional gender roles. They talk about why bullies indulge in name-calling, and what they think should be done about it. By showing that they know what's wrong, the children challenge educators, parents and other kids to act positively to make schools and playgrounds safe and welcoming for everyone.

Stop Bullying: Take A Stand (DVD)

Summary: Hosted by Erika Harold, Miss America 2003, herself a victim of severe harassment, this solution oriented program presents a comprehensive and multifaceted approach to preventing bullying, as well as providing help to victims, parents and bystanders. Her personal story and advice is interwoven with compelling personal stories of teens who have also been bullied. A visit to Olney, MD follows high school peer educators as they work with middle school students to produce PSAs that show what bystanders can do when they see someone being bullied.

The Teen Files Flipped: Bullies, Loners, And Violence (DVD & VHS)

Summary: Teens Joey and Kristin are attractive, confident, outgoing - and both are bullies. Kristin is proud of being the most popular girl in class. She and her friends tease kids they consider nerds. Joey thrives on intimidation, pulling punches at other students to make them cringe. "Flipped" into attending a new school dressed in "nerd clothes", the two are teased unmercifully on the same day there's been a school shooting in a nearby community.

Books

And Words Can Hurt Forever: How To Protect Adolescents From Bullying, Harassment, And Emotional Violence

Call Number: 371.58 G213

View Table Of Contents Online:

<http://www.loc.gov/catdir/enhancements/fy0645/2002021629-t.html>

The Bully At Work: What You Can Do To Stop The Hurt And Reclaim Your Dignity On The Job

Call Number: 650.13 N2322

Bullying At School: What We Know And What We Can Do

Call Number: 371.58 O525

Bullying Prevention Program

Call Number: REF 364.4 BLUEPRINTS BOOK 9

Facing The Schoolyard Bully: How To Raise An Assertive Child In An Aggressive World

Call Number: 371.58 Z38 2000

Handbook Of Children, Culture, And Violence

Call Number: 362.76 H236

View Table Of Contents Online: <http://www.loc.gov/catdir/toc/ecip0515/2005018302.html>

Odd Girl Out: The Hidden Culture Of Aggression In Girls

Call Number: 155.5 S592

View Table Of Contents Online: <http://www.loc.gov/catdir/toc/har031/2001006864.html>

Social Aggression Among Girls

Call Number: 302.5 U56

View Table Of Contents Online: <http://www.loc.gov/catdir/toc/quilford041/2002152968.html>

The Wounded Spirit

Call Number: 201 P4372

Books for Children And Adolescents

The Ant Bully

Summary: Lucas learns a lesson about bullying when he is pulled into the ant hole he has been tormenting.

Call Number: YOUTH FICT N632

Ages 5 & Up

Bootsie Barker Bites

Summary: Bootsie Barker only wants to play games in which she bites, until one day her friend comes up with a better game.

Call Number: YOUTH FICT B751

Ages 5 & Up

Bullies Are A Pain In The Brain

Summary: A serious yet humorous guide to dealing with bullies.

Call Number: YOUTH 302.3 R757

Ages 9-12

Chrysanthemum

Summary: Chrysanthemum loves her name, until she starts going to school and the other children make fun of it.

Call Number: YOUTH FICT H512C

Ages 5 & Up

Hey, Pipsqueak!

Call Number: YOUTH FICT M168

Ages 4-7

How To Handle Bullies, Teasers, And Other Meanies: A Book That Takes The Nuisance Out Of Name Calling And Other Nonsense

Summary: Provides information on what makes bullies and teasers tick, how to handle bullies, how to deal with prejudice, and how to defend oneself when being teased or insulted.

Call Number: YOUTH 646.7 C678

Ages 9-12

Nobody Knew What To Do: A Story About Bullying

Summary: When bullies pick on a boy at school, a classmate is afraid, but decides that he must do something.

Call Number: YOUTH FICT M121

Ages 4-8

Simon's Hook: A Story About Teases And Put-Downs

Call Number: YOUTH FICT B694

Ages 6-10

Curricula

101 Support Group Activities For Teenagers Who Are Targets Of Bullies

Call Number: 101

101 Support Group Activities For Teenagers Who Bully: A Leader's Manual For Secondary Educators And Other Professionals

Call Number: 101

The Anti-Bullying And Teasing Book For Preschool Classrooms

Call Number: ANT

Bully Busters: A Teacher's Manual For Helping Bullies, Victims, And Bystanders

Call Number: BUL

The Bully Free Classroom: Over 100 Tips And Strategies For Teachers K-8

Call Number: BUL

Bully Proofing Your School: A Comprehensive Approach For Elementary Schools

Call Number: BUL

The Bullying Prevention Handbook: A Guide For Principals, Teachers, And Counselors
Call Number: BUL

Bullyproof: A Teacher's Guide On Teasing And Bullying
Call Number: BUL

Bully-Proofing Your School: A Comprehensive Approach For Middle Schools
Call Number: BUL

Creating Safe Schools: A Resource Guide For Planning And Action
Call Number: CRE

Early Childhood Adventures In Peacemaking
Call Number: EAR

Furious Fred [Game]
Call Number: FUR

No More Bullies [Game]
Call Number: NO

Steps To Respect: A Bullying Prevention Program
(For library use only)
Call Number: STE

Stop Bullying Now! : Take A Stand, Lend A Hand : Resource Kit
Call Number: STO

When Parents Ask For Help: Everyday Issues Through An Asset-Building Lens: Handouts For
People Raising Adolescents
Call Number: WHE

Why Is Everybody Always Picking On Me? : A Guide To Handling Bullies For Young People
Call Number: WHY

Fact Sheets

Let's Stop Bullying: Advice For Young People
<http://www.ctclearinghouse.org/topics/customer-files/Lets-Stop-Bullying-Advice-for-Young-People-051005.pdf>

Pamphlets

Bullies: Serious Problem For Kids

Bullying: Talking With Your Child

Bullying: Talking With Your Teen

Bullying: Teens Talk With Teens

Cyberbullying: Keeping Your Child Safe

Los Valentones: Un Serio Problema Para Los Niños