

*John S. Martinez Fatherhood Initiative of Connecticut*  
**2011 FAMILY SERVICES DIRECTORY**

Teach **LOVE** Inspire

*Promoting Responsible Fatherhood*



teach • love • inspire

JOHN S. MARTINEZ  
FATHERHOOD INITIATIVE  
OF CONNECTICUT





## JOHN S. MARTINEZ FATHERHOOD INITIATIVE OF CONNECTICUT

Connecticut's Fatherhood Initiative is a broad-based, statewide program led by the Department of Social Services that is focused on changing systems to improve fathers' ability to be fully and positively involved in the lives of their children.

Dear Colleagues:

As we enter our twelfth year promoting the *John S. Martinez Fatherhood Initiative of Connecticut* across the state, I am extremely encouraged by the many lives we have touched and the accomplishments we have made together.

We continue to work to support and promote the positive interaction of fathers with their children, understanding that fathers are critical forces in their children's lives, and that they must be acknowledged and assisted with the important role they play. Fathers are a source of love, nurturance and guidance, as well as financial and emotional support.

Fathers in Connecticut should know that they have choices and resources to help them to be part of their children's lives. The Department partners with a wide range of programs and services to assist communities and agencies in identifying and addressing the needs of fathers and families by focusing our efforts on four proven systems change strategies including,

- capacity-building in existing programs;
- infusing father-friendly principles and practices into existing systems;
- media advocacy to promote responsible fatherhood; and
- recommending social policy change to strengthen families.

I would like to thank the many staff, providers, volunteers and others who tirelessly work to change state systems and to promote the importance of the positive relationships of fathers with their children. We rely heavily on these unsung heroes to make Connecticut a place where fathers and families are fully supported.

We are pleased to provide you with the 2011 edition of the *John S. Martinez Fatherhood Initiative of Connecticut Family Services Directory*. This important resource lists many fatherhood providers, support groups, web-based sites and other resources at the state and local levels that support fatherhood-related issues.

As always, I would like to thank you for your continuing interest in and support of the Fatherhood Initiative.

Best regards,

Anthony Judkins  
Social Services Program Manager  
John S. Martinez Fatherhood Initiative of Connecticut

### FATHERHOOD INITIATIVE OBJECTIVES

- Promote public education concerning the financial and emotional responsibilities of fatherhood.
- Assist men in preparation for the legal, financial and emotional responsibilities of fatherhood.
- Promote the establishment of paternity at childbirth.
- Encourage fathers, regardless of marital status, to foster their emotional connection to and financial support of their children.
- Establish support mechanisms for fathers in their relationship with their children, regardless of their marital and financial status.
- Integrate state and local services available for families.

### FATHERHOOD ADVISORY COUNCIL MEMBERSHIP

Chaired by the Commissioner of the Department of Social Services, Council membership includes various divisions within DSS, the Department of Children & Families, Department of Correction, Department of Labor, Department of Mental Health & Addition Services, Department of Public Health, and the State Department of Education; community-based agencies/programs serving fathers and families; faith-based partners; experts in child development; women's and men's advocates; representatives from judicial branch divisions; Greater Hartford Legal Aid; community technical colleges; Commission on Children; and The Consultation Center at Yale University.



## TABLE OF CONTENTS

Fatherhood Resources	2
Statewide Programs/Services	3
Fairfield County	8
Hartford County	14
Litchfield County	20
Middlesex County	21
New Haven County	24
New London County	29
Tolland County	32
Windham County	34

# Inspire

# FATHERHOOD RESOURCES

## CONNECTICUT

**Connecticut Clearinghouse**  
www.ctclearinghouse.org

**A Service of the Department of Children and Families**  
www.ctparenting.com

**John S. Martinez Fatherhood Initiative of Connecticut**  
1-866-6-CTDADS  
(1-866-628-3237)  
www.fatherhoodinitiative.state.ct.us

**Unity Way of Connecticut**  
2-1-1  
www.infoline.org

## NATIONAL/OTHER STATES

**American Coalition for Fathers & Children**  
1-800-978-3237  
www.acfc.org

**Center on Fathers, Families & Public Policy**  
(608) 257-3148  
www.cffpp.org

**Children's Rights Council**  
(301) 459-1220  
www.crckids.org

**Dictionary For Dads**  
www.dictionaryfordads.com

**Men's Health Network**  
(202) 543-6461 ext. 101  
www.menshealthnetwork.org

**National Center for Children in Poverty**  
(646) 284-9600  
www.nccp.org

**National Center for Fathering**  
1-800-593-DADS  
(1-800-593-3237)  
www.fathers.com

**National Center for Strategic Non-Profit  
Development & Community Leadership**  
(202) 429-2027  
1-888-775-6725 (toll free)  
www.npcl.org

**National Fatherhood Initiative**  
(301) 948-0599  
www.fatherhood.org

**National Fathers' Network**  
(425) 653-4286  
www.fathersnetwork.org

**National Healthy Marriage Resource Center**  
www.healthymarriageinfo.org

**National Responsible Fatherhood Clearinghouse**  
1-877-4DAD411  
www.fatherhood.gov

**University of Minnesota  
Children, Youth & Family Consortium**  
(612) 625-7849  
www.cyfc.umn.edu/family/index.html

**University of Pennsylvania  
National Center on Fathers and Families**  
(215) 573-5500  
www.ncoff.gse.upenn.edu

**US Department of Health & Human Services**  
(202) 619-0257  
1-877-696-6775 (toll free)  
www.fatherhood.hhs.gov

## STATEWIDE PROGRAMS/SERVICES:

### AFCAMP (AFRICAN CARIBBEAN AMERICAN PARENTS OF CHILDREN WITH DISABILITIES)

Main Office:  
60-B Weston Street  
Hartford, CT 06120  
Telephone: (860) 297-4358 or 1-800-842-7303  
Fax: (860) 566-8714  
Contact: Merva Jackson  
E-mail: Afcamp@sbcglobal.net

#### *Overview of Services/Program*

To educate, inform and support parents of children with disabilities for the purpose of improving their children's education and quality of life. We are a parent-run organization. We serve parents and caregivers statewide, primarily in Hartford, New Haven and Waterbury.

### CHILDREN'S LAW CENTER OF CONNECTICUT (CLC)

30 Arbor Street, North Building  
Hartford, CT 06106  
Telephone: (860) 232-9993  
Fax: (860) 232-9996  
Contact: Justine Rakich-Kelly  
E-mail: clc@clct.org

#### **Legal Representation**

##### *Overview of Services/Program*

CLC provides legal representation for children in family court. CLC attorneys work with parents and families to create stable, safe, and beneficial arrangements for children who are caught in custody disputes. Free service based on indigence, as determined by the court.

#### **Families in Transition**

##### *Overview of Services/Program*

The mediation and parent education program provides an opportunity for parents to work out their custody and visitation disputes, decrease their conflict and improve communication. The program has a sliding fee scale based on income.

#### **Law Line – 1-888-LAW-DOOR**

##### *Overview of Services/Program*

The Children's Law Line is a toll-free resource that helps callers understand the legal processes that involve children, such as custody, visitation, guardianship, abuse and neglect.

### CHILDREN'S TRUST FUND, A DIVISION OF THE DEPARTMENT OF SOCIAL SERVICES

25 Sigourney Street  
Hartford, CT 06106  
Telephone: (860) 424-5623  
Fax: (860) 424-4966  
Contact: Karen Foley-Schain  
E-mail: karen.foley-schain@ct.gov  
Website: www.ct.gov/ctf

#### *Overview of Services/Programs*

Provides funding to community-based organizations for several programs for fathers and men and also facilitates networking and other collaborative opportunities for fatherhood-targeted service providers.

### COMMUNITY ACCOUNTING AID AND SERVICES, INC. (CAAS)

965 East Main Street  
Meriden, CT 06450  
Telephone: (203) 235-2333 ext. 7146  
Contact: Jack Collins  
E-mail: ctcaas@hotmail.com  
Website: ctaccountingaid.org

#### *Overview of Services/Program*

Community Accounting Aid and Services, Inc. (CAAS) is a private not-for-profit corporation whose purpose is to provide free accounting and financial counseling to qualified economically disadvantaged businesses, individuals and not-for-profit organizations in Connecticut who are not currently being served by an accountant.

### CONNECTICUT CLEARINGHOUSE

334 Farmington Avenue, Plainville, CT 06062  
Telephone: (860) 793-9791 (Voice/TTY) or  
1-800-232-4424 (toll free)  
Fax: (860) 793-9813  
Website: www.ctclearinghouse.org

#### *Overview of Services/Programs*

Connecticut Clearinghouse is the state's premier library and resource center for information on mental health, substance use disorders, prevention and health promotion, treatment and recovery, wellness and other related topics. Resources and services are available to anyone who lives or works in the state. Connecticut Clearinghouse's collection includes books, videos, curricula, DVDs for loan, pamphlets, posters and reproducible fact sheets for distribution. All resources are accessible through our online resource catalog (visit www.ctclearinghouse.org and click on "Resource Catalog"), and may be either picked up at the Clearinghouse or mailed to you. In addition, Connecticut Clearinghouse provides the following services: quarterly Courier newsletter; statewide email listserv; regular educational programs and events including the First Friday Film Festivals; expert research assistance; customized bibliographies; conference room facility available for trainings and other meetings; government documents, statistical data and other reference materials. Hours: Monday, Tuesday, Wednesday and Friday, 8:30 a.m. – 5:00 p.m.; Thursday 8:30 a.m. – 7:30 p.m. A drop box is available in the front of the building to return materials when the Clearinghouse is closed.

## STATEWIDE PROGRAMS/SERVICES

### CONNECTICUT'S BUSINESS RESPONSE CENTER

805 Brook Street, Building 4  
Rocky Hill, CT 06067  
Telephone: 1-800-392-2122  
Fax: (860) 721-8511  
Contact: Connie Maffeo  
E-mail: info@youbelonginct.com

#### *Overview of Services/Program*

Connecticut's Business Response Center provides explanations and referrals for federal, state, regional, municipal and private programs, incentives and resources for individuals looking to start, relocate or expand their business here in Connecticut.

### CONNECTICUT COMMISSION ON CHILDREN

18-20 Trinity Street  
Hartford, CT 06106  
Telephone: (860) 240-0290  
Fax: (860) 240-0248  
Contact: Elaine Zimmerman, Executive Director  
E-mail: elaine.zimmerman@cga.ct.gov  
Website: www.cga.ct.gov/coc/

#### *Overview of Services/Program*

This fatherhood-advocacy initiative strives to augment understanding of the special role fathers have in the healthy development of their children. The Commission also advocates on the state and national levels for increased funding and for the development of policies and programs to support fathers.

### CONNECTICUT DEPARTMENT OF CHILDREN & FAMILIES

DCF Hotline: 1-800-842-2288  
Contact: Brett Rayford, Ph.D., Bureau Chief,  
Bureau of Continuous Quality Improvement  
E-mail: brett.rayford@ct.gov  
Website: www.ct.gov/dcf/site

#### *Overview of Services/Programs*

The central focus of the Department of Children and Families (DCF) is to work together with families and communities to improve child safety, ensure that more children have permanent families and advance the overall well-being of children. DCF protects children who are being abused or neglected, strengthens families through support and advocacy and builds on existing family and community strengths to help children who are facing emotional and behavioral challenges, including those committed to the Department by the juvenile justice system. As part of its ongoing commitment to supporting and preserving families, DCF has partnered with national foundations and organizations specializing in implementing father effective practices, bringing new and innovative approaches from child welfare jurisdictions across the country to the families served by Connecticut's system. DCF is one of only three states nationally to implement a federally inspired comprehensive review process. The Connecticut Comprehensive Outcomes Reviews (CCOR) includes components specific to examining the agency's efforts and effectiveness to serve Connecticut birth fathers

giving DCF the unique ability to collect and analyze data for the purposes of informing practice and systemic enhancements. In 2008, DCF developed and implemented an Engaging Fathers in-service training curriculum available to all levels of staff. The Engaging Fathers training includes co-training components with DSS certified fatherhood providers, and birth father testimonials which add a unique experiential perspective to the trainings. As part of the agency's 2010 Program Improvement Plan, DCF has implemented the Fatherhood Matters Initiative. The goal of the initiative is to promote father effective practices and includes strategies for raising awareness, exploring birth father specific service array, and creating forums for dialogue to incorporate various stakeholder perspectives. With a multitude of new and promising family centered programs, services and initiatives on the horizon, DCF will continue to integrate best practices, and form partnerships with key stakeholders including birth parents, community providers and organizations in an effort to promote the safety, permanency and well-being for the children and families of Connecticut.

### CONNECTICUT DEPARTMENT OF CORRECTION

#### **Offender Programs and Victim Services Unit**

24 Wolcott Hill Road  
Wethersfield, CT 06109  
Telephone: (860) 692-7820  
Contact: Michelle Hayward  
E-mail: michelle.hayward@po.state.ct.us  
Website: www.ct.gov/doc

#### *Overview of Services/Program*

The Connecticut Department of Correction is committed to supporting the successful reintegration of offenders into their home communities as a means of reducing recidivism and enhancing public safety. While still incarcerated, toward the end of their sentence, offenders are offered extensive assistance with such issues as employment, housing, identification and family matters. The agency also endeavors to provide, for appropriate offenders, a period of supervision in the community prior to the end of sentence that further bridges their transition back into law abiding society.

### CONNECTICUT DEPARTMENT OF LABOR

Central Office: 200 Folly Brook Blvd.  
Wethersfield, CT 06109  
Telephone: (860) 263-6732  
Fax: (860) 263-6579  
Contact: Bernice Zampano, Operations Coordinator  
E-mail: Bernice.Zampano@ct.gov  
Website: www.ctdol.state.ct.us

#### *Overview of Services/Program*

We offer no cost services to Connecticut job seekers. These services include: Resume Preparation Assistance, Computer/Internet Access, Phones/Fax Use, Job Search Assistance, Re-employment Workshops, Career Counseling, Labor Market Information, Training Information and Job Clubs. Our 14 statewide CTWorks Centers serve job seekers, students, displaced workers and individuals who are unemployed, as well as those who want to change jobs or continue to move in their careers.

### CONNECTICUT DEPARTMENT OF MENTAL HEALTH & ADDICTION SERVICES

Telephone: (860) 418-6826  
Contact: Carol Meredith, MPA  
Assistant Director, Prevention & Health Promotion Unit  
Website: www.ct.gov/dmhas

#### *Overview of Services/Program*

The Department of Mental Health and Addiction Services (DMHAS) promotes and administers comprehensive, recovery-oriented services in the areas of mental health treatment and substance abuse prevention and treatment throughout Connecticut. While the Department's prevention services serve all Connecticut citizens, its mandate is to serve adults (over 18 years of age) with psychiatric or substance use disorders, or both, who lack the financial means to obtain such services on their own. DMHAS also provides collaborative programs for individuals with special needs, such as persons with HIV/AIDS infection, people in the criminal justice system, those with problem gambling disorders, substance abusing pregnant women, persons with traumatic brain injury or hearing impairment, those with co-occurring substance abuse and mental illness, and special populations transitioning out of the Department of Children and Families. DMHAS operates on the belief that most people with mental illnesses and/or substance use disorders can and should be treated in community settings, and that inpatient treatment should be used only when absolutely necessary to meet the best interests of the patient. Effective care requires that services such as residential, supportive, rehabilitative and crisis intervention programs are available within their local communities.

### CONNECTICUT DEPARTMENT OF PUBLIC HEALTH

#### **Family Health Section**

Telephone: (860) 509-8074  
Website: www.ct.gov/dph/site

#### *Overview of Services/Program*

The Family Health Section (FHS) within the CT Department of Public Health improves the health of CT's residents across the lifespan through culturally appropriate surveillance, public education, family-centered interventions and preventions through community-based capacity building. The Family Health Section goal is to optimize the health of families with a vision that all individuals and families achieve optimal health through appropriate and comprehensive health services. The Family Health Section oversees children and youth with special health care needs, newborn hearing screening, family planning, perinatal case management services, fetal/infant/maternal mortality surveillance, school-based and community health centers, intimate partner and sexual violence prevention, Primary Care Office activities such as shortage designations and National Health Service Corps applications, women's health collaborations and perinatal depression. Call for more information.

“There isn't any  
**FORMULA...**

You learn to **LOVE**  
by loving.”

-ALDOUS HUXLEY

### CONNECTICUT DEPARTMENT OF SOCIAL SERVICES

#### **John S. Martinez Fatherhood Initiative of Connecticut**

Central Office  
25 Sigourney Street  
Hartford, CT 06106  
Telephone: (860) 424-5696  
Fax: (860) 424-4960  
Contact (Fatherhood Initiative): Anthony Judkins,  
Social Services Program Manager  
E-mail: anthony.judkins@ct.gov  
Website: www.ct.gov/dss  
Fatherhood Initiative Website:  
www.fatherhoodinitiative.state.ct.us  
Toll-free number: 1-866-6-CTDADS

#### *Overview of Services/Programs*

The Department of Social Services (DSS) provides a broad range of services to the elderly, persons with disabilities, families, and individuals who need assistance in maintaining or achieving their full potential for self-direction, self-reliance and independent living. It administers more than 90 legislatively authorized programs and one-third of the state budget. DSS administers most of its programs through offices located throughout the state. Within the department, the Bureau of Rehabilitation Services provides vocational rehabilitation services for eligible individuals with physical and mental disabilities at 23 offices throughout the state. For the other programs, services are available through 11 offices located in the three regions, with central office support located in Hartford. In addition, many services funded by the agency are available through community-based agencies. Many of the services provided by the Department are available via mail or phone call. In accordance with Public Act No. 99-193, the Department of Social Services serves as lead agency for the implementation of the John S. Martinez Fatherhood Initiative of Connecticut. DSS works with community-based partners throughout Connecticut and sponsors/participates in events that support father involvement.

**CONNECTICUT JUDICIAL BRANCH,  
COURT SERVICE CENTERS**

Contact: Priscilla Arroyo, Court Planner  
Telephone: (860) 515-5153  
E-mail: priscilla.arroyo@jud.ct.gov  
Website: www.jud.ct.gov/csc/

**Overview of Services/Program**

Court Service Centers provide services for self-represented parties, members of the bar, and the community at large. They are located within Judicial District Courthouses, and are staffed by Judicial Branch employees trained to assist all court patrons. Several Court Service Centers have bilingual staff. Court Service Centers are located in Superior Courthouses, and are open in most locations from 9:00 a.m. to 5:00 p.m. weekdays, except on legal holidays. Services include: Statewide Calendar and Docket Information (Civil and Family cases); Court Forms and Judicial Publications; Public-Use Computers and Printers with Internet Access and Word Processing; Electronic Filing; Printers; Copiers; Fax Machines; Phones; Work Space; Staff Assistance; Notary Public Services. Call your local Service Center for more information.

- Ansonia-Milford Judicial District courthouse, 1st floor (203) 283-8260
- Danbury Judicial District courthouse, Lower Level (203) 207-8766
- Fairfield Judicial District courthouse; 2 locations: 1061 Main Street, Bridgeport, 1st floor (203) 579-7210  
One Lafayette Circle, Bridgeport (203) 576-3602
- Hartford Family Court, 2nd floor (860) 706-5064
- Meriden Judicial District courthouse, 2nd floor (203) 238-6499
- Middlesex Judicial District courthouse, 1st floor (860) 343-6499
- New Britain Judicial District courthouse, 2nd floor (860) 515-5151
- New Haven Judicial District courthouse, 1st floor (203) 503-6819
- Norwich Judicial District courthouse, 2nd floor (860) 823-0857
- Stamford Judicial District courthouse, 4th floor (203) 965-5297
- Tolland Judicial District courthouse, 1st floor (860) 896-4945
- Waterbury Judicial District courthouse, 1st floor (203) 591-3308

**CONNECTICUT JUDICIAL BRANCH, COURT SUPPORT  
SERVICES DIVISION**

**Family Services**

Joseph DiTunno, Program Manager  
Telephone: (860) 721-2167  
Fax: (860) 258-8976  
E-mail: Joseph.DiTunno@jud.ct.gov  
Website: www.jud.ct.gov/CSSD/

**Overview of Services/Programs**

The Court Support Services Division (CSSD) was established in February 1999 to respond to the changing needs of judges, attorneys, litigants, defendants and communities, while providing on-going public safety. Judges now have all available pre-trial services, family services, offender sentencing and supervision options for adults and juveniles, as well as juvenile detention services, coordinated through the single CSSD division and managed from a central office. The CSSD established five regional service areas that closely resemble those of the Executive Branch for more efficient integration of its treatment planning and service delivery efforts with the state's human service agencies. CSSD incorporates Family Civil Services that assist the court and clients in the resolution of family and interpersonal conflicts with negotiation, mediation and evaluation and education services in each Judicial District. Family Criminal Court services provided by CSSD's Family Services Unit include comprehensive assessment and interventions that address domestic violence cases and victim/complaints in each geographical area court site. In recognition of the distinct needs of adults and juveniles, two separate but parallel service delivery systems were developed. CSSD Juvenile Probation provides a full continuum of monitoring, supervision and referral services for Delinquency, Judicial and Non Judicial Cases, and Families with Service Needs (FWSN) juveniles. Addresses and phone numbers for local offices can be located on the website. CSSD administers Juvenile Detention services in state-run Centers that it operates in Hartford, New Haven and Bridgeport. The CSSD also administers contracts for three privately run all girls' detention centers located in Hartford, Hamden and Norwalk.

**CONNECTICUT JUDICIAL BRANCH,  
LAW LIBRARY SYSTEM**

Website: www.jud.ct.gov/lawlib  
Locations & Directions: www.jud.ct.gov/lawlib/staff.htm

**Overview of Services/Programs**

Courthouse law libraries under the Connecticut Judicial Branch are open to the public to conduct legal research. All libraries provide in-person, telephone and e-mail reference support, as well as online legal information pathfinders on topics of interest such as paternity, child support and grandparents' rights. The web page has links organized alphabetically by topic (Connecticut Law by Subject) found at: www.jud.ct.gov/lawlib/Law/default.htm. Contact your local law library:

- Bridgeport Law Library (203) 579-7244
- Danbury Law Library (203) 207-8625
- Hartford Law Library (860) 548-2866
- Litchfield Law Library (860) 567-0598
- Middletown Law Library (860) 343-6560
- New London Law Library (860) 442-7561
- Putnam Law Library (860) 928-3716
- Rockville Law Library (860) 896-4955
- Stamford Law Library (203) 965-5250
- New Britain Law Library (860) 515-5110
- New Haven Law Library (203) 503-6828
- Waterbury Law Library (203) 591-3338
- Willimantic Law Library (860) 450-0627

**CONNECTICUT JUDICIAL BRANCH,  
SUPPORT ENFORCEMENT SERVICES**

**SES Administration**

287 Main Street  
East Hartford, CT 06118  
Telephone: (860) 569-6233 ext. 3004  
Child Support Call Center, toll free: 1-800-228-KIDS (5437)  
Fax: (860) 569-6557  
Contact: Dalia Panke, Deputy Director,  
Community and Program Initiatives  
E-mail: dalia.panke@jud.ct.gov  
Website: www.jud.ct.gov/childsupport

**Overview of Services/Program**

Support Enforcement Services (SES) is part of the Judicial Branch, Court Operations Division. We work closely with state and federal agencies to operate the Connecticut Child Support Enforcement Program. Our primary job is to help parents enforce and modify their child support orders. SES is committed to providing accurate information and appropriate services in a prompt, courteous and professional manner. Our mission is to assist parents in securing financial and medical support for their children by providing quality services and information to parents, the court and the community in a courteous, efficient and effective manner that is sensitive to the contributions both parents make to their children's development. Services are provided through 12 regional offices across the state.

**CONNECTICUT STATE DEPARTMENT OF EDUCATION**

**School-Family-Community Partnerships Project**

25 Industrial Park Road  
Middletown, CT 06457  
Telephone: (860) 807-2122  
Fax: (860) 807-2127  
E-mail: judy.carson@ct.gov  
Website: www.sde.ct.gov/sde

**Overview of Services/Programs**

The Connecticut State Department of Education is the administrative arm of the Connecticut State Board of Education. Through leadership, curriculum, research, planning, evaluation, assessment, data analyses and other assistance, the Department helps to ensure equal opportunity and excellence in education for all Connecticut students. The Department is responsible for distributing funds to the state's 166 school districts. The Department also operates the Connecticut Technical High School System. Family & Community Involvement and youth Development Programs include After School Initiatives; 21st Century Community Learning Centers; Extended School Hours Programs; Faith Based Programs; Family Resource Centers; Family Literacy; Homeless Education; Learn and Serve America; School-Family-Community Partnerships; Young Parents Programs; and Youth Service Bureaus.

The School-Family-Community Partnerships help educators, parents and community members develop partnerships by providing training, workshops, a newsletter and a collection of books, videos and other resources. The project is designed to promote policies and programs at the local level and to increase public awareness of the positive impact of child-family-school partnerships on student learning.

**LEARNING DISABILITIES ASSOCIATION  
OF CONNECTICUT**

999 Asylum Avenue, Suite 504  
Hartford, CT 06105  
Telephone: (860) 560-1711  
Fax: (860) 560-1750  
Contact: Fran Ficocelli  
E-mail: fficocelli@ldact.org  
Website: ldact.org

**Overview of Services/Program**

Non-profit, membership-supported organization (\$40); office maintained year-round. Offer telephone consults, information and referrals for students and adults. Direct service to parents on sliding scale fee: record reviews, attendance at PPT meetings. Annual Conference, training classes, newsletters. We serve parents, caregivers, children and adults with a wide variety of learning and attention disorders including autism spectrum, ADHD, developmental and emotional disabilities.



## STATEWIDE PROGRAMS/SERVICES

### STATEWIDE LEGAL SERVICES OF CONNECTICUT

424 Main Street  
Middletown, CT 05457  
Client Hot line: 800-453-3320  
Admin Telephone: (860) 344-8096  
Fax: (860) 344-1918  
Contact: Janice J. Chiaretto, Director  
E-mail: [jchiaretto@slsct.org](mailto:jchiaretto@slsct.org)  
Website: [www.slsct.org](http://www.slsct.org)

#### Overview of Services/Programs

SLS is the legal aid advice and referral center for low income people of Connecticut with civil legal needs. Major areas covered: Family, Housing, Public Benefits, Consumer. SLS charges no fee for its services.

### THE CONNECTICUT PARENT ADVOCACY CENTER, INC. (CPAC)

Main Office: 338 Main Street  
Niantic, CT 06357  
Telephone V/TTY: (860) 739-3089  
Toll-free Telephone: 1-800-445-CPAC (2722)  
Fax: (860) 739-7460  
Fair Haven Community Health Center Satellite Office  
Telephone: (203) 776-3211  
E-mail: [cpac@cpacinc.org](mailto:cpac@cpacinc.org)  
Website: [www.cpacinc.org](http://www.cpacinc.org)

*Spanish-Speaking Staff Available*

#### Overview of Services/Program

CPAC is a statewide, nonprofit organization that offers information and support to families of children and young adults – from birth to age 26 – with any disability or chronic illness. CPAC believes that parents can be the most effective advocates for their children, given the confidence that knowledge and understanding of special education laws and what their procedures can do. CPAC is staffed by parents of children with disabilities who have training in, and personal experience with, the law and disability issues. CPAC conducts in-service presentations for schools, teachers-in-training and service providers; speaks with parents on a daily basis; and serves on numerous statewide committees.



## FAIRFIELD COUNTY PROGRAMS/SERVICES:

Serving Berkshire, Bethel, Branchville, Bridgeport, Brookfield, Byram, Cos Cob, Cranbury, Danbury, Darien, Easton, Fairfield, Georgetown, Glenville, Greenfield Hill, Greenwich, Hawleyville, Huntington, Long Hill, Lyons Plain, Mill Plain, Monroe, New Canaan, New Fairfield, Newtown, Nichols, Noroton, Noroton Heights, Norwalk, Redding, Redding Ridge, Ridgefield, Riverside, Round Hill, Sandy Hook, Saugatuck, Shelton, Sherman, Southport, Stafford, Stamford, Stepney, Stratford, Trumbull, Weston, Westport, Wilton, Winnipauk

### ABCD, INC.

#### Fantastic Fathers Are Concerned Too (FACT)

1070 Park Avenue  
Bridgeport, CT 06604  
Contact: Warren Gill  
Telephone: (203) 366-8241 ext. 271

#### Overview of Services/Program

This program aims to raise awareness & importance of two involved parents in the life of a child; strengthen capacity of responsible fatherhood field; build strong parent involvement with children and improve relationships between teachers and parents.

### BAYM, INC.

#### Computer Genesis

506 Logan Street  
Bridgeport, CT 06607  
Telephone: (203) 336-9333  
Fax: (203) 366-8197  
Contact: Elliott Calderon, Director of Programs  
E-mail: [ecalderon@baym.org](mailto:ecalderon@baym.org)

#### Overview of Services/Program

Computer Genesis is an introductory course to computers. Here, students not only receive training in software programs and learn hardware repair, but also gain valuable employment skills through a variety of hands-on technology projects. Upon completion of the program, students are rewarded with their very own Personal Computer. We serve young people between the ages of 13 and 21, and have other programs that serve adults. Registration Fee: \$50

### CAREER RESOURCES, INC.

#### Fathers For Life Program

350 Fairfield Avenue  
Bridgeport, CT 06604  
Telephone: (203) 953-3256  
Fax: (203) 334-0058  
Contact: Eddie Cajigas, Program Director  
E-mail: [cajigas@careerresources.org](mailto:cajigas@careerresources.org)  
Website: [www.careerresources.org](http://www.careerresources.org)

#### Overview of Services/Program

Fathers for Life is a state-certified program offering parenting and life skills to parents in southwestern Connecticut. The program's objectives are to help fathers and/or couples connect with their children and learn to support them both emotionally and financially. A research-based curriculum provides parenting education, relationship education, while intensive case management assists with job training/job preparation, life management and support with basic needs.

### CHILD AND FAMILY NETWORK

#### A Birth to Three Program

917 Bridgeport Avenue  
Shelton, CT 06484  
Telephone: 866-450-7872  
Fax: (203) 225-7697  
E-mail: [lmaude@ptsc.ws](mailto:lmaude@ptsc.ws)

#### Overview of Services/Program

The goal of the Birth to Three System is to strengthen the capacity of Connecticut's families to meet the development and health-related needs of their infants and toddlers who have delays.

### CHILDREN'S THERAPY SERVICES, L.L.C.

1389 West Main Street, Suite 225  
Waterbury, CT 06708  
Telephone: (203) 271-3288  
Fax: (203) 757-1474  
Contact: Cindy Jackson  
E-mail: [jackcts01@yahoo.com](mailto:jackcts01@yahoo.com)

#### Overview of Services/Program

Provider of physical therapy, occupational therapy, speech therapy and special education services to children birth to 21. State provider of Birth to Three services in Greater Waterbury and Greater Danbury areas.

### CHRISTIAN COMMUNITY ACTION, NORWALK, INC.

98 South Main Street  
Norwalk, CT 06854  
Telephone: (203) 899-2485  
Fax: (203) 899-2487  
Contact: Christi Pope  
E-mail: [info@ccanorwalk.org](mailto:info@ccanorwalk.org)  
Website: [www.ccanorwalk.org](http://www.ccanorwalk.org)

#### Overview of Services/Programs

Food pantry weekday mornings and one Saturday each month. Furniture, kitchenwares and conversational English classes are available. By application, CCA also provides: new beds for children without, holiday gifts for children, emergency financial support. CAA Norwalk serves families in the Greater Norwalk area (Norwalk, New Canaan, Weston, Wilton and Westport). There are no fees associated with any services.

### CONNECTICUT COMMUNITY FOR ADDICTION RECOVERY

#### Bridgeport Recovery Community Center: Recovery on the Sound

49 Cannon Street, Rear Courtyard  
Bridgeport, CT 06604  
Telephone: (203) 332-3303  
Fax: (203) 332-3306  
Contact: Michael Askew, Manager

#### Overview of Services/Program

Connecticut Community for Addiction Recovery offers a variety of recovery support services to anyone interested in recovery from alcohol and other drug addiction, including Recovery Community Centers, Telephone Recovery Support, Recovery Housing Project, The Recovery Oriented Employment Services (ROES) Program, the Recovery Training Series and Annual Recovery Walks. There are three other Recovery Community Centers operating in the state in Hartford, New London and Willimantic.

### CONNECTICUT INSTITUTE FOR COMMUNITIES

#### Head Start of Northern Fairfield County

7 Old Sherman Turnpike, Suite 206  
Danbury, CT 06810  
Telephone: (203) 743-3993  
Website: [www.ct-institute.org](http://www.ct-institute.org)

#### Overview of Services/Program

Head Start of Northern Fairfield County strongly encourages fathers, grandfathers and guardians to become an active part of our program. Parents are invited to participate on all policy groups, committees, and in classroom events and workshops. The Fatherhood Initiative Group meets with each other on a monthly basis for a child/father activity and dinner.

“It is a **WISE** father that **KNOWS** his own child.”

- WILLIAM SHAKESPEARE

## FAIRFIELD COUNTY PROGRAMS/SERVICES

### DISPUTE SETTLEMENT CENTER

134 Old Ridgefield Road  
Wilton, CT 06897  
Telephone: (203) 834-2880  
Fax: (203) 834-2886  
Contact: Lisa McKenna  
E-mail: info@ctresolution.org

#### **Overview of Services/Program**

The Dispute Settlement Center provides mediation services to families in a number of areas including parenting, behavior expectations, financial disagreements and child protection issues. A nominal fee is charged for services, taking into account financial hardship. Please visit [www.ctresolution.org](http://www.ctresolution.org) for more information.

### FAMILY CENTERS, INC.

60 Palmer's Hill Road  
Stamford, CT 06902  
Telephone: (203) 324-3167  
Toll Free: 1-877-349-4689  
Fax: (203) 358-2327  
Website: [www.familycenters.org](http://www.familycenters.org)

#### **Overview of Services/Program**

The Young Parents Program offers individual, family and group counseling for pregnant and parenting teens; outreach through home visits and support groups; and family-life education workshops. The Early Care and Education programs offer full-time care for young children at four accredited facilities in Greenwich. The Nurturing Families Network provides educational and family support to new parents living in lower Fairfield County. Services are free and available to all first-time parents giving birth at Stamford and Greenwich hospitals. Reaching Independence Through Employment (RITE) helps low-income individuals and families attain a greater sense of self-sufficiency through counseling, goal planning, job-skills training, life skills and family support. Computer classes and job skills trainings are also available. RITE is open to residents living in Stamford and Greenwich.

The Parenting Education Program (PEP) helps divorcing parents foster positive parenting following a divorce. Through expert counseling, parents learn how they can help their children adjust to parent separation, provide cooperative parenting, conflict resolution and dispute management, visitation guidelines and stress reducing techniques. Call for information and to register. Also offer parenting workshops, family counseling and support groups in Greenwich, Stamford and Darien.

### FAMILY MATTERS COMMUNITY CENTER

755 Clinton Avenue  
Bridgeport, CT 06604  
Telephone: (203) 696-0787  
Fax: (203) 366-2240  
Contact: Brenda Stapleton, Director  
E-mail: [goldfish203@aol.com](mailto:goldfish203@aol.com)

#### **Overview of Services/Program**

A safe place for parents, guardians, caregivers and their children (ages birth to five) to come together for fun, friendship and learning. We offer a structured program Monday through Friday from 9:30 to 11:30 a.m. Curriculum includes circle time, singing, dancing, interactive play, snack time, a children's library, arts and crafts and, weather permitting, an outdoor playground. Special trips include visits to the Harbor Yard Arena and Quassy Amusement Park. Birth to Three may offer consultations at Family Matters as needed.

### FAMILY REENTRY, INC.

**Fresh Start Community Reentry Initiatives, Champions Mentoring Program, Beacon Mentoring Program, Domestic Violence Interventions Programs**

Administrative Offices:  
9 Mott Avenue, Suite 104  
Norwalk, CT 06850  
(*Programs in Bridgeport, Norwalk, Stamford, Derby and prisons throughout the state*)

Telephone: (203) 838-0496  
Fax: (203) 866-9291  
Contact: Lindsay Smythe, Director of Contracts and Program Administration  
E-mail: [lindsaysmythe@familyreentry.org](mailto:lindsaysmythe@familyreentry.org)

#### **Overview of Services/Program:**

Comprehensive programs address the costs and consequences of involvement in the criminal justice system and the impact on families and communities. Programs include prisoner reentry, behavioral health, employment & training, domestic violence, and mentoring. Clients are referred under contract with DOC and CSSD.

### GREATER BRIDGEPORT ADOLESCENT PREGNANCY PROGRAM

**Teen Fathers Program**  
158 Mill Hill Avenue  
Bridgeport, CT 06610  
Telephone: (203) 366-8255  
Fax: (203) 367-9588  
Contact: Saleh Hanaif, Program Coordinator  
E-mail: [shanaif@gbapp.org](mailto:shanaif@gbapp.org)  
*Also on YouTube at [gbapp.teenfathersprogram.org](http://gbapp.teenfathersprogram.org)*

#### **Overview of Services/Program**

The focus of this program is to have young men connect with their children, to involve them in the child-rearing process, and to help young males see themselves as nurturing parents. The program assists young men by providing comprehensive support services and strengthening employment skills. We serve young parents at the Greater Bridgeport Adolescent Parenting Program, Bassick High School, Central High School, Harding High School, Park City Academy, and Bullard Heaven Technical High School.

### KINSHIP ACADEMY, INC.

1027 Fairfield Avenue  
Bridgeport, CT 06605  
Telephone: (203) 908-4200  
Fax: (203) 345-4201  
Contact: Jaime Denny  
E-mail: [jdenny@kinshipacademy.org](mailto:jdenny@kinshipacademy.org)  
Website: [www.kinshipacademy.org](http://www.kinshipacademy.org)

#### **Overview of Services/Program**

The Community Training Network is comprised of work-readiness, vocational training and support services for adults. Training programs are designed to increase marketable skills that lead to employment and self-sufficiency. Programs meet weekly, followed by job placement assistance and follow-up. A major focus of the network is self-assessment, self-awareness and change.

### LIBERATION PROGRAMS

**Greenwich Family & Youth Options**  
55 Old Field Point Road  
Greenwich, CT 06830  
Telephone: (203) 869-1349  
Fax: (203) 661-2389  
Contact: Kathryn Niebuhr, LADC, LMFT  
E-mail: [kathryn.niebuhr@liberationprograms.org](mailto:kathryn.niebuhr@liberationprograms.org)

#### **Overview of Services/Program**

Nonprofit agency that provides counseling (individual, family and group) for adolescents and their families where the presenting problem is abuse of substances. In addition, our prevention program reaches out to the community to educate and to build knowledge towards building healthy families. Fees are based on a sliding scale and insurance is accepted.

### MIDWESTERN CONNECTICUT COUNCIL ON ALCOHOLISM

60 West Street  
Danbury, CT 06810  
Telephone: (203) 743-4027  
Fax: (203) 743-4802  
Contact: Connie Brown, Prevention Director  
E-mail: [cbrown@mccaonline.com](mailto:cbrown@mccaonline.com)

#### **Strengthening Families Program**

##### **Overview of Services/Program**

The Strengthening Families Program is available in the Greater Danbury area to parents or primary caregivers and their 6-to 14-year-old children who are affected by the substance abuse of one or more parents or significant other persons living with them. This program is offered to other high-risk youth without a history of substance abuse in the family, to parents meeting the court mandated parent skills training requirement for divorce cases and for any family seeking better communication with their children. Strengthening Families Program services include substance abuse and social skill education for children/teens, parenting skills training and other parenting tips, family communication, family strengthening and bonding activities with both parents and youth. All services are free.

#### **After School Art Program**

##### **Overview of Services/Program**

The After School Art Program provides activities for youth to give positive social alternatives for fun and education for youth and parents. The program provides support time for school and family needs such as homework study time with tutoring, art projects supporting creative skills, substance education, emotional communication skills development, field trips for fun and educational activities, and opportunities for parents to be involved in positive experiences with their children.

#### **Community Outreach & Education Program**

##### **Overview of Services/Program**

The Community Outreach & Education Program provides consultation and collaboration with other agencies, schools, churches, and community centers, including prevention assessments and referrals, health promotion and health fairs, school and other speaking engagements, and distributing materials on substance abuse education. All services are free.

### NARAMAKE FAMILY RESOURCE CENTER, INC.

16 King Street  
Norwalk, CT 06851  
Telephone: (203) 899-2900, ext. 123  
Fax: (203) 899-2904  
Contact: Mary Oster  
E-mail: [naramakefrc@yahoo.com](mailto:naramakefrc@yahoo.com)

#### **Overview of Services/Program**

Preschool-School Readiness, ages 3-4, full day and part day. Tuition assistance available. Early Learning Groups, Tues./Thurs., 9:30-10:30 a.m. Facilitated by a certified Parents as Teachers Educator. Free, open to Norwalk residents with children birth-5. Preschool follows Norwalk Public School calendar, Early Learning Groups meet year around.

## FAIRFIELD COUNTY PROGRAMS/SERVICES

### NORWALK ECONOMIC OPPORTUNITY NOW, INC. (NEON, INC.)

#### Fatherhood Initiative

98 Main Street  
Norwalk, CT 06854  
Telephone: (203) 663-7461  
Fax: (203) 831-2919  
Contact: Donald G. Thomas  
E-mail: dthomas@neon-norwalk.org

#### Overview of Services/Program

The program provides free fatherhood mentoring group sessions for teen and adult fathers who are residents of the greater Norwalk area. We offer management solution coaching to increase parenting skills and relationships between fathers and mothers regarding child-rearing.

### NORWALK HOUSING AUTHORITY (NHA)

24½ Monroe Street  
Norwalk, CT 06854  
Telephone: (203) 838-8471 ext. 176  
Learning Centers: (203) 852-1144 ext. 123  
Fax: (203) 838-6535  
Contact: Carla Conway, Family Outreach Coordinator  
Danielle Truini NHA Learning Centers Director  
Website: www.norwalkha.org

#### Overview of Services/Program

These support and recreation programs offer computer skills for parents coupled with an after-school program for the children. Five after-school academic learning centers serving youth grades 1 through 12 are offered free of charge, and include academic support, computer technology and instruction. In addition, the NHA 20 West Avenue Learning Center provides support for teens, some programming for adults and support for college bound teens and adults. Call (203) 852-1144 for more information.

### STAND UP PARENTING

St. Stanislaus Bartlewski Center  
492 West Street  
Bristol, CT 06010  
Telephone: (860) 621-4889  
Contact: Patricia Hill  
Website: www.standupparenting.com

#### Overview of Services/Program

Stand Up Parenting is a nonprofit organization which provides support and education to parents of out of control children and adults. We are a national program with three locations currently operating in Connecticut. These are located in Middletown, Bristol and Norwalk. We work on a volunteer basis with courts, social service agencies, schools and others to assist our member families. There is a \$20 annual membership fee and a fee of \$5 for each weekly meeting, per family.

### STRATFORD COMMUNITY SERVICES

468 Birdseye Street  
Stratford, CT 06615  
Telephone: (203) 385-4095  
Fax: (203) 381-2064  
Contact: Tammy Trojanowski  
E-mail: ttrojanowski@townofstratford.com

#### Overview of Services/Programs

Youth and Family Counseling and Social Services are offered to Stratford residents. Services are confidential and information and referral is provided for free. Counseling fees are based on a sliding fee scale and no one is refused for inability to pay. Services include: individual counseling for children and adolescents; strength-based, solution-focused family therapy for parents and children; psycho-educational groups; information and referral to community resources; short-term social services case management for eligible residents; energy assistance application site. Youth Development and Leadership programs are offered to Stratford youth.

### STRATFORD HEALTH DEPARTMENT

#### Stratford Parents' Place

Johnson House/Stratford Academy  
719 Birdseye Street  
Stratford, CT 06615  
Telephone: (203) 381-6992  
Fax: (203) 381-6996  
Contact: Priscilla Long, Program Coordinator  
E-mail: plong@townofstratford.com  
Website: <http://www.townofstratford.com/content/2527/2454/2536.aspx>

#### Overview of Services/Program

Stratford Parents' Place (SPP) is the Family Resource Center at Stratford Academy. SPP provides parent education and support for Stratford families through home and center based programs.

### THE ASSOCIATION OF RELIGIOUS COMMUNITIES, INC. (ARC)

#### New Options to Violent Action (NOVA)

#### Family Violence Education Program (FVEP)

#### Explore Program

325 Main Street  
Danbury, CT 06810  
Telephone: (203) 792-9450  
Fax: (203) 792-9452  
Contact: Rev. Phyllis J. Leopold  
E-mail: arc325@sbcglobal.net

#### Overview of Services/Program

Through these programs we serve men and women that have witnessed or perpetrated domestic violence and are in need of skills to live in a peaceable home. Nova is open to all and costs \$25 per session. FVEP & Explore are Court-referred programs – call for associated fees.

### THE CIRCLE OF FRIENDS

40 King Street  
Norwalk, CT 06851  
Telephone: (203) 293-8837  
E-mail: circlefriendsct@gmail.com

#### Overview of Services/Programs

The Circle of Friends is a volunteer organization that reaches out to families with children and teens with special needs and involves them in a full spectrum of social experiences, home visits and play dates. Our innovative programming is designed to foster a relationship between children and teens with special needs and community teenage volunteers. The Circle of Friends is non sectarian.

### THE COURAGE TO SPEAK® FOUNDATION, INC.

161 East Avenue  
Norwalk, CT 06851  
Telephone: (203) 831-9700  
Contact: Ginger Katz  
E-mail: gkatz@couragetospeak.org  
Website: www.couragetospeak.org

#### Overview of Programs/Services

Offers drug prevention programs/services locally and nationally designed to empower youth to be drug free and encourage parents to communicate effectively with their children about the dangers of drugs. The heart of the work is the nationally renowned Courage to Speak Presentation, which fosters open communication about the prevention of drug abuse among young people. Ginger Katz, CEO and Founder and Author of Sunny's Story has reached millions of people across the country, sharing the story of her son Ian's losing battle with drugs. The Foundation provides distinctive drug prevention curricula developed with teams of experts and taught by classroom teachers for elementary, middle and high schools, which culminate in the Annual Courage to Speak Empowering Youth to be Drug Free Family Night event. Courage to Speak-Courageous Parenting 101® is a free, four-session program that educates parents on how to keep their children safe from drugs. Course is offered in English and Spanish and 60 professional facilitators are trained by the Foundation to teach the program to parents in Connecticut communities. The Foundation works to prevent the use of alcohol, tobacco and other drugs by youth through education, media support, and community events; offers support groups for parents who have lost a child to drugs and parents of children that are using drugs (new); video/media resources; an information help line; and website [www.couragetospeak.org](http://www.couragetospeak.org), a comprehensive resource for students, parents, educators and families.

### UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM

#### People Empowering People (PEP) Program

1066 Saybrook Road  
P.O. Box 70  
Haddam, CT 06438  
Telephone: (860) 345-5215  
Fax: (860) 345-3357  
Contact: Cheryl Czuba  
E-mail: [cheryl.czuba@uconn.edu](mailto:cheryl.czuba@uconn.edu)  
Website: [www.pep.uconn.edu](http://www.pep.uconn.edu)

#### Overview of Services/Programs

The People Empowering People (PEP) Program is a personal and family development program with a strong community focus. Individual change is encouraged through 10, two-hour long training sessions and weekly follow-up sessions. In addition, participants work on two or more projects that benefit the community. Generally participants commit four to six months to the program. PEP is conducted statewide by trained facilitators from family resource centers, community organizations and prisons. The curriculum is also printed in Spanish. The two-day facilitator training is \$125.00. Programs may run in the summer.

### VALLEY REGIONAL ADULT EDUCATION

#### Valley Even Start

80 Howard Avenue  
Ansonia, CT 06401  
Telephone: (203) 734-8609 ext. 31  
Fax: (203) 735-9684  
Contact: Michele Holovach  
E-mail: [mholovach@vrae.org](mailto:mholovach@vrae.org)  
Website: [www.valleyevenstart.org](http://www.valleyevenstart.org)

#### Overview of Programs/Services

Valley Even Start offers Valley parents (who have at least one child age three to five enrolled in a licensed preschool or kindergarten) English as a Second Language or GED preparation classes, parenting discussions, interactive literacy activities and a monthly home visit. Valley Even Start serves families that reside in Ansonia, Derby, Seymour and Shelton. The program is free and operates year-round.

# Teach

## HARTFORD COUNTY PROGRAMS/SERVICES:

Serving Addison, Avon, Berlin, Bloomfield, Blue Hills, Bristol, Broadbrook, Buckingham, Burlington, Burnside, Canton, Collinsville, East Berlin, East Granby, East Hartford, East Windsor, Elmwood, Enfield, Farmington, Glastonbury, Granby, Hartland, Hartford, Hazardville, Highland Park, Hockanum, Manchester, Marion, Marlborough, New Britian, New Preston, Newington, Plainville, Plantsville, Poquonock, Rocky Hill, Scantic, Simsbury, South Glastonbury, South Windsor, Southington, Suffield, Thamesville, Thompsonville, Unionville, Warehouse Point, Weatogue, West Avon, West Granby, West Hartford, West Suffield, Wethersfield, Windsor, Windsor Locks

### ALCORN SCHOOL FAMILY RESOURCE CENTER

1010 Enfield Street  
Enfield, CT 06082  
Telephone: (860) 253-5144  
Fax: (860) 741-4029  
E-mail: amorales@enfield.org  
Contact: Amy Morales, Coordinator  
Website: www.enfield-ct.gov

#### *Overview of Services/Program*

The Alcorn School Family Resource Center provides Enfield residents with parenting education; support groups for single parents, grandparents raising grandchildren and parents with children with autism; Adult Education classes; resource and referral services; early learning play groups and home visits for families and children ages five and under; developmental screenings; and positive youth development programs. All services are at no cost to participants and offered year-round.

### ARTIST COLLECTIVE

1200 Albany Avenue  
Hartford, CT 06112  
Telephone: (860) 527-3205  
Website: www.artistscollective.org

#### *Overview of Services/Program*

Center offers arts and cultural training program for children and adults in the performing and visual arts with special events emphasizing the arts and culture of the African Diaspora. Also offers the Yaboo Rite of Passage Ceremony: Boys and girls ages 12 through 17 prepare two afternoons per week, starting in January, for Yaboo, a traditional African rite of passage ceremony to welcome youth into adulthood. The ceremony takes place in June.

### BREAD FOR LIFE

P.O. Box 925  
Southington, CT 06489  
Telephone/Fax: (860) 276-8389  
Contact: Eldon Hafford, Executive Director  
E-mail: exedir@southingtonbreadforlife.com

#### *Overview of Services/Program*

The mission of Bread for Life is to provide food, fellowship and a sense of dignity to those in need. Our vision is accomplished by providing meals, bagged lunches, a community food pantry and a meal delivery service for the homebound and seniors.

### BRISTOL HEAD START

55 South Street/254 Lake Avenue  
Bristol, CT 06010  
Telephone: (860) 584-9307  
Fax: (860) 585-1105  
Contact: Amy Caucci  
E-mail: acaucci@bcoc.org  
Website: www.bcoc.org

#### *Overview of Services/Program*

Head Start services children and families of three and four year olds. We offer a preschool education, health and dental services, nutritious meals, parent involvement, and welcome children with special needs. We run a fatherhood program yearly with Real Dads Forever, as well as have a variety of family support groups.

### CITY OF HARTFORD, OFFICE FOR YOUTH SERVICES

#### **The Fatherhood Network**

Hartford, CT 06103  
Telephone: (860) 757-9882  
Fax: (860) 722-6114  
Contact: Chuck Cummings, MSW, Project Director  
E-mail: ccummings@hartford.gov

#### *Overview of Services/Program*

The Fatherhood Network provides mental health individual and group therapy counseling to teens and young adult fathers, resume preparation, job search strategies and offender re-entry referrals.

### COMMUNITY HEALTH SERVICES, INC.

500 Albany Avenue  
Hartford, CT 06120  
Telephone: (860) 808-8710  
Fax: (860) 808-1540  
Contact: Shaheena Shan, MD  
E-mail: shaheena.shan@chshartford.org

#### *Overview of Services/Program*

CHS provides pediatrics, adolescent, adult, dental, behavioral health, podiatry and optometry services to patients of all ages regardless of ability to pay. There are support groups for men in recovery. Bilingual staff available.

### COMMUNITY RENEWAL TEAM

#### **Real Fathers, Real Men**

395 Wethersfield Avenue  
Hartford, CT  
Telephone: (860) 560-5765  
Fax: (860) 560-5372  
Contact: Tyrone Canino  
E-mail: caninot@crtct.org  
Website: www.crtct.org

#### *Overview of Services/Program*

Fathers interested in establishing or maintaining contact with their children are welcome to this free, year-round program. Workshops twice per month, ongoing case management regarding legal issues, child support, employment, child development, partner relationships and more.

### CONNECTICUT COMMUNITY FOR ADDICTION RECOVERY

Hartford Recovery Community Center  
198 Wethersfield Avenue  
Hartford, CT  
Telephone: (860) 244-3343  
Fax: (860) 244-3363  
Contact: Laurie Fresher  
E-mail: laurie@ccar.us

#### *Overview of Services/Program*

Connecticut Community for Addiction Recovery offers a variety of recovery support services to anyone interested in recovery from alcohol and other drug addiction, including Recovery Community Centers, Telephone Recovery Support, Recovery Housing Project, The Recovery Oriented Employment Services (ROES) Program, the Recovery Training Series and Annual Recovery Walks. There are three other Recovery Community Centers operating in the state, in Bridgeport, New London and Willimantic.

### DIVORCED MEN'S ASSOCIATION OF CONNECTICUT

P.O. Box 734  
Manchester, CT 06045  
Telephone: (860) 643-8516  
Contact: Pat D'Angelo, President

#### *Overview of Services/Program*

Peer support and legal information organization for men who are struggling with divorce, child support and custody issues. Groups can offer legal and familial information about child-related matters to men including referrals to attorneys. Some services require membership. Call for information and to register.

### EAST HARTFORD FAMILY RESOURCE CENTER - SILVER LANE SCHOOL

15 Mercer Avenue  
East Hartford, CT 06118  
Telephone: (860) 622-5515  
Fax: (860) 622-5519  
Contact: Mary Beth Kuzoian  
E-mail: kuzoian.mb@easthartford.org

#### *Overview of Services/Program*

We provide parenting education, home visits, workshops and playgroups. Most programs are free of charge. Please call for more information.

### EASTERN CONNECTICUT HEALTH NETWORK (ECHN) FAMILY DEVELOPMENT CENTER

71 Haynes Street  
Manchester, CT 06040  
Telephone: (860) 646-1222 ext. 2442  
Contact: Ardith Crampton, Manager  
E-mail: acrampton@echn.org

#### *Overview of Services/Program*

The ECHN Family Development Center operates a number of fatherhood initiatives via five basic programs: Nurturing Families Network, Early Head Start, Family Enrichment Services, Family Resource Center in Manchester, Family Resource Center in Vernon. Opportunities include: "Nurturing" parenting groups just for dads, home visiting for parents (including dads who are primary caregivers), single parent support group, special events for dads and their children, including playgroups, field trips and workshops. No cost for services.

### ENFIELD HEAD START

1270 Enfield Street  
Enfield, CT 06082  
Telephone: (860) 253-6470  
Fax: (860) 253-6472  
Contact: Liz Hubbard  
E-mail: ehubbard@enfieldschools.org

#### *Overview of Services/Program*

Enfield Head Start encourages fathers, grandfathers, all parents and guardians to participate in all aspects of the program. Men may serve on our committees, volunteer in the classrooms, participate in home visits and workshops. We offer a monthly father/child activity night with dinner and an activity. The programs operate during the school year. There is no fee.

# LOVE

### FAMILIES IN CRISIS, INC.

60 Popieluszko Court, 2nd Floor  
Hartford, CT 06106  
Telephone: (860) 727-5800  
Fax (860) 727-5801  
Contact: Susan Quinlan, Executive Director  
E-mail: quinlan@familiesincrisis.org

#### Overview of Services/Program

Families in Crisis, Inc. is a nonprofit agency that has state-certified fatherhood programs that provides individual, family and group counseling, case management services and weekly educational groups for offenders and their family members. The agency promotes proactive interaction of non-custodial fathers and their children, and offers life skills development tools such as parent education training, communication skills, conflict management, couples counseling and other related services.

### GIFTS OF LOVE

P.O. Box 463  
35 East Main Street  
Avon, CT 06001  
Telephone: (860) 676-2323  
Fax: (860) 676-9864  
Contact: Diana Goode  
E-mail: dgoode@giftsoflovect.org

#### Overview of Services/Program

Gifts of Love helps meet the basic needs of individuals and families in Central Connecticut experiencing a financial crisis so that they can achieve and maintain self sufficiency. Our clients are hardworking people who simply can't make ends meet.

### HUMAN RESOURCES AGENCY OF NEW BRITAIN, HEAD START

#### HRA Neighborhood Fathers Unite (Fatherhood Program)

Meeting locations:  
180 Clinton Street (Head Start-Parent Room)  
North-Oak Community Center, 35 Oak Street  
New Britain, CT 06053  
Telephone: (860) 225-8601 or (860) 225-4688 ext. 2226  
Fax: (860) 225-4843  
Contact: Robert (Bobby) Sanchez, Social Services Senior Manager  
E-mail: fathersunite@hranbct.org

#### Overview of Services/Program

Services include support group formed by fathers to discuss and learn about child development issues. Guest speakers during support group meetings cover the following topics: Men's Health, Mental Health, Challenging Behaviors, Importance of Reading to Children, Ages and Stages, Separation issues, Domestic Violence and any other topics of interest to Fathers. Peer Support Network and Mediation, HRA services to fathers and their families and Events for Fathers and their families. Also offer 24/7 Dads a.m. & p.m. (curriculum-based) training, a unique and innovative program that focuses on the universal characteristics that every father needs so that men of all cultures, races, religions, and backgrounds can benefit from the program. Dads need to attend all 10 to 12 sessions of this program in order to benefit from it and will receive a certificate of completion at the end.

### JEWISH FAMILY SERVICES OF GREATER HARTFORD

333 Bloomfield Avenue, Suite A  
West Hartford, CT 06117  
Telephone: (860) 236-1927  
Fax: (860) 236-6483  
Contact: Janice Rothstein, Director of Clinical Services  
E-mail: jrothstein@jfs Hartford.org

#### Overview of Services/Program

We provide fully licensed, accredited outpatient mental health services for all parents, children, and families. JFS offers individual, couple and family counseling for children and adults; counseling related to specific areas of family crises; older adult services; caregiver and sandwich generation services; programs for persons with developmental disabilities and chronic needs; regular workshops and programs addressing community needs; and JETS Employment Transition Services for those recently unemployed. Most insurance accepted, fees based on sliding scale; no one is turned away because of inability to pay.

### KIDSAFE CT

19 Elm Street  
Rockville, CT 06066  
Telephone: (860) 872-1918  
Fax: (860) 872-8066  
Contact: Judith Clarke or Mary Burke  
E-mail: jclarke@kidsafect.org or mburke@kidsafect.org  
Website: www.kidsafect.org

#### Overview of Services/Program

KIDSAFE CT offers a Fathers Support Group meeting weekly, Parenting Education and Parent Aide Resources, Individual/Couples/Family Counseling, Anger Management Classes, and Noncustodial Parenting specific education and counseling. For all of these programs, the mission is to help individuals and their families succeed. KIDSAFE's goal is to assess then create a plan that offers solutions for ultimate success. KIDSAFE will provide appropriate assessment, consultation, direction, simple solutions and access to information and services in order for the individual or family to make progress and address the issues. KIDSAFE tailors programs specifically for fathers needing assistance in all program areas.

### MANCHESTER HEAD START

60 Washington Street  
Manchester, CT 06042  
Telephone: (860) 647-5004  
Fax: (860) 647-5046  
Contact: Nydia Einsiedel

#### Overview of Services/Program

Manchester Head Start is a father-friendly pre-school program where significant males in each child's life are encouraged to participate in all areas of teaching and learning. Male role models can join various committees and participate in Policy Council, as well as volunteering in the classroom. Head Start supports families in locating social services available to them. We are also a part of the Fostering Fathers and Children Together Collaboration (FFAT); FFAT hosts special events just for dads and their children.

### MARY HOOKER SCHOOL, FAMILY RESOURCE CENTER

200 Sherbrooke Avenue  
Hartford, CT 06106  
Telephone: (860) 722-8938  
Fax: (860) 522-7590  
Contact: Elba Delgado, Director  
E-mail: edelgado@villageforchildren.org  
Website: www.villageforchildren.org/programs/support.html

#### Overview of Services/Program

The Parents As Teachers program provides parenting skills and child development sessions for teenagers/young dads. The curriculum affords weekly sessions to Latinos and African-American teen/young fathers age 15-25. This initiative is a joint venture with the Burns and Rambuh Resource Centers. Program activities with fathers, conducted in both English and Spanish, are often held evenings or on Saturdays. Activities include parenting classes, picnics, field trips and early education classes. Babysitting is provided as needed. Call for information and to register.

### MY PEOPLE CLINICAL SERVICES, LLC

915 Asylum Avenue  
Hartford, CT 06105  
Telephone: (860) 656-0450  
Fax: (860) 656-0491  
Contact: Abdul-Rahmaan I. Muhammad, MSW  
E-mail: arim@mypeople-ct.com  
Website: www.mypeople-ct.com

#### Overview of Services/Program

MPCS offers a variety of programs to support families. The programs are designed to support youth, fathers and mothers on and individual and familial level. MPCS is currently offering several levels of care to families, which are provided at their place of residence. All services are offered for a contracted period of time normally not exceeding six months in duration. Brief treatment interventions using strength based, solution focused, client centered, and/or non-traditional approaches are utilized to assist in stabilizing family units and resolving emotional and behavioral issues. Family preservation principles are applied to help maintain families intact in the least restricted environment possible.

### NEW BRITAIN FAMILY RESOURCE CENTERS

#### Parents as Teachers Playgroups

Address: 140 Horseplain Road  
New Britain, CT 06053  
Telephone: (860) 223-2716  
Fax: (860) 225-1638  
Contact: Kim Jackson, Coordinator  
E-mail: jackson@csdnb.org

#### Overview of Services/Program

We provide a developmentally stimulating playgroup for children and a caregiver to learn while they play. The Play and Learn Together group is facilitated by certified parent educators. Education and resources on early childhood development provided and developmental screenings facilitated. Target participants are families or caregivers of a child between the age of birth and kindergarten entry living in New Britain. Program runs year-round. Annual \$10 registration fee.

### PLAINVILLE SENIOR CENTER

#### Grandparents Raising Grandchildren Education and Support Group

200 East Street  
Plainville, CT 06062  
Telephone: (860) 747-5728  
Fax: (860) 747-9343  
Contact: Ronda Guberman  
E-mail: Plainvilleseniorctr@snet.net

#### Overview of Services/Program

Monthly support group for grandparents and relatives raising grandchildren, nieces, nephews, siblings. Open to individuals of any age, regardless of residency. Free. Meets September – June. Call Plainville Senior Center, (860) 747-5728 for more information.

“CHILDREN  
are poor men's  
RICHES.”

-THOMAS FULLER



## HARTFORD COUNTY PROGRAMS/SERVICES

### REAL DADS FOREVER

P.O. Box 684  
Manchester CT 06045  
Telephone: (860) 643-7364  
Contact: Doug Edwards, Director  
E-mail: realdadsforever@aol.com  
Website: www.realdadsforever.com

#### *Overview of Services/Program*

Real Dads Forever is a multi-faceted fatherhood development program designed to energize, prepare and strengthen men to fulfill their responsibilities, making their families better... forever. Since 1997 we have conducted group sessions with family men; staff training for private and state agencies and schools; school fatherhood programs with family men and their children; and programs for incarceration and alternative incarceration centers. Through the years, over 3500 men have participated in the program in more than 450 groups. We have facilitated over 100 staff trainings and workshops that provide opportunities to examine the value of men in the lives of children and to develop strategies to increase involvement of fathers and family men in the home and school environment. With the use of music, videos, photos and interactive conversation, we create an engaging atmosphere for an informative, inspiring and motivating experience. Call or e-mail for scheduling or to attend a workshop or training.

### ROCKY HILL YOUTH & FAMILY SERVICES

#### **Individual/Couples/Family Counseling**

699 Old Main Street  
Rocky Hill, CT 06067  
Telephone: (860) 258-2718  
Fax: (860) 258-2796  
Contact: Lori Stanczyk, M.Ed., LPC, Coordinator  
E-mail: lstanczyk@ci.rocky-hill.ct.us

#### *Overview of Services/Program*

Year-round Individual, Couples and Family counseling services for all family members who are residents of Rocky Hill. Payment is based on a sliding fee scale, insurance is not accepted.

### SAINT FRANCIS HOSPITAL PARENT AIDE PROGRAM

114 Woodland Street  
Hartford, CT 06105  
Telephone: (860) 714-4765  
Fax: (860) 714-8830  
Contact: Patricia A. Berky, MSW  
E-mail: pberky@stfranciscare.org

#### *Overview of Services/Program*

The Saint Francis Hospital Parent Aide Program provides home-based intervention and prevention services, including advocacy and education to families whose children are at risk for child abuse and/or neglect. Parent Aides work with families who are currently receiving services from the Department of Children and Families. Therefore, participation in the program requires current involvement in DCF and that parents reside in Hartford, West Hartford, Windsor or Bloomfield.

### STAND UP PARENTING

St. Stanislaus Bartlewski Center  
492 West Street  
Bristol, CT 06010  
Telephone: (860) 621-4889  
Contact: Patricia Hill

#### *Overview of Services/Program*

Stand Up Parenting is a nonprofit organization which provides support and education to parents of out of control children and adults. We are a national program with three locations currently operating in Connecticut. These are located in Middletown, Bristol and Norwalk. We work on a volunteer basis, with courts, social service agencies, schools and others to assist our member families. There is a \$20 annual membership fee and a fee of \$5 for each weekly meeting, per family. Please visit our web at www.standupparenting.com or call for further information.

### THE FAMILY RESOURCE CENTER AT CHARTER OAK

425 Oakwood Avenue  
West Hartford, CT 06110  
Telephone: (860) 233-4701  
Fax: (860) 232-4207  
Contact: Deborah Zipkin  
E-mail: deborah@bridgefamilycenter.org

#### *Overview of Services/Program*

The Family Resource Center offers parenting education, home visits, workshops, playgroups, family literacy activities and early childhood programs. Programs are free of charge.

### THE FOOD BANK OF MARLBOROUGH

3 Wilhenger Drive  
Marlborough, CT 06447

Donations or Other Mail:  
C/O Marlborough Town Hall  
26 North Main Street  
P.O. Box 29  
Marlborough, CT 06447

Telephone: (860) 295-6008  
Hours: Tuesdays 10-noon and 3:30 to 5:30 p.m.  
(no answering machine)  
Contact: Linda S. Cherry  
E-mail: marlboroughfoodbank@comcast.net

#### *Overview of Services/Program*

Marlborough Food Bank serves qualified persons, including children and families who reside in the town of Marlborough, Connecticut. There are no fees and the Food Bank is open year-round.

### UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM

**Hartford EFNEP (Expanded Food and Nutrition Education Program)**  
Hartford County Extension Center  
1800 Asylum Avenue  
University of Connecticut  
West Hartford, CT 06117  
Telephone: (860) 570-9061

#### *Overview of Services/Program*

Community-based food and nutrition education for low-income families and youth to help them learn food shopping and preparation skills to save money and improve nutrition. Series of at least four small group classes are interactive, usually organized with a community-based agency.

### UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM

#### **People Empowering People (PEP) Program**

1066 Saybrook Road  
P.O. Box 70  
Haddam, CT 06438  
Telephone: (860) 345-5215  
Fax: (860) 345-3357  
Contact: Cheryl Czuba  
E-mail: cheryl.czuba@uconn.edu  
Website: www.pep.uconn.edu

#### *Overview of Services/Programs*

The People Empowering People (PEP) Program is a personal and family development program with a strong community focus. Individual change is encouraged through 10, two-hour long training sessions and weekly follow-up sessions. In addition, participants work on two or more projects that benefit the community. Generally participants commit four to six months to the program. PEP is conducted statewide by trained facilitators from family resource centers, community organizations and prisons. The curriculum is also printed in Spanish. The two-day facilitator training is \$125.00. Programs may run in the summer.

### UNIVERSITY OF CONNECTICUT HEALTH CENTER NURTURING FAMILIES NETWORK

263 Farmington Avenue, Dowling North Suite G2010  
Farmington, CT 06030-1323  
Telephone: (860) 679-4114  
Fax: (860) 679-7012  
Contact: Jennifer Vendetti, MSW  
E-mail: jvendetti.nurturingfamilies@uchc.edu

#### *Overview of Services/Program*

As part of a statewide initiative to nurture and support early parent-child relationships, we provide postpartum phone support, intensive home visitation, and prenatal and parenting programs for families in Farmington Valley and West Hartford. We serve first-time families and families with children age five and under. Programs and services are provided year-round and are of no cost to families.

### VILLAGE FOR FAMILIES & CHILDREN, INC.

#### **Fatherhood Initiative**

2550 Main Street  
Hartford, CT 06120  
Telephone: (860) 236-4511 ext. 35724  
Fax: (860) 241-2282  
Contact: Earl Gardner  
E-mail: egardner@villageforchildren.org

#### *Overview of Services/Program*

The program provides fatherhood skills development groups, intensive case management, solution coaching, and mentoring for young fathers to increase parenting skills, fathers' participation in children's lives, and cooperation between fathers and mothers regarding child-rearing. The program serves young fathers typically from the ages of 17 and older who are primarily residents of Hartford; services are free.

### WHEELER CLINIC

#### **Prevent Child Abuse Connecticut (PCA CT)**

334 Farmington Avenue  
Plainville, CT 06062  
Telephone: (860) 793-3375; or 1.800.CHILDREN (toll free)  
Fax: (860) 793-4650  
Contact: Cathy Sisco  
E-mail: csisco@wheelerclinic.org  
Website: www.wheelerclinic.org

#### *Overview of Services/Program*

Prevent Child Abuse Connecticut is a program of Wheeler Clinic and the state chapter to Prevent Child Abuse America. As such, PCA CT provides information and resources for parenting and child abuse prevention throughout the state. Services include a statewide parenting warm-line, 1-800-CHILDREN, presentations about and dissemination of materials associated with positive parenting, child abuse prevention and the impacts of child abuse as well as educational packets with information about the role fathers play in their children's development, educational achievement, health and well-being. PCA CT is also the state chapter of the Circle of Parents national organization providing a network of mutual self-help parenting support groups throughout the state. Embracing Fatherhood is a 10-week curriculum that teaches fathers, who are incarcerated at Osborn Correctional Facility, how to be effective nurturing fathers to their children. The Embracing Fatherhood program is a joint effort between PCA CT, the Department of Social Services, the Children's Trust Fund and the Department of Correction. Fathers attend weekly sessions; the curriculum is an interactive, experiential learning model that promotes development of new parenting attitudes and strategies to re-learn fathering.

## LITCHFIELD COUNTY PROGRAMS/SERVICES:

Serving Bakersville, Bantam, Barkhamsted, Bethlehem, Bridgewater, Canaan, Colebrook, Cornwall, East Canaan, East Morris, Falls Village, Gaylordsville, Goshen, Harwinton, Kent, Lakeville, Litchfield, Milton, Morris, New Hartford, New Milford, Norfolk, North Woodbury, Northfield, Northville, Oakville, Pequabuck, Plymouth, Roxbury, Sharon, Terryville, Thomaston, Torrington, Warren, Washington, Watertown, Willington, Winchester, Winsted, Woodbury

### EDUCATION CONNECTION PLYMOUTH FAMILY RESOURCE CENTER

Plymouth Center School  
107 North Street, Plymouth, CT 06782

H.S. Fisher Elementary School  
79 North Street, Terryville, CT 06786

Telephone: (860) 283-6167  
Fax: (860) 283-6167  
Contact: ShawnMarie Dumond  
E-mail: plymouthfrc@educationconnection.org

#### *Overview of Services/Program*

We provide: NAEYC-accredited inclusive Pre-K; Learn Together Groups facilitated by a certified Parent Educator; Parents as Teachers Home Visit Program; Developmental Screenings birth to five years; Parent Workshops; Support for Childcare Providers and Caregivers; and Resource and Referrals for families, parents, caregivers and children from birth to five-years-old. The Plymouth Family Resource Center operates on the Plymouth Public School Calendar (Sept – June). A small fee applies to Learn Together Groups and a tuition fee applies to our NAEYC-accredited pre-k program. Financial assistance is available.

### LITCHFIELD COUNTY HEAD START

355 Goshen Road  
P.O. Box 909  
Litchfield CT, 06759  
Telephone: (860) 567-0863 ext. 125  
Fax: (860) 567-3381  
Contact: Kathi Bleacher  
E-mail: bleacher@educationconnection.org

#### *Overview of Services/Program*

Center-based and home-based services are offered to children three to five years old and their families. An array of comprehensive services: education, mental health, nutrition, health, social services and parent involvement are available to families who meet the eligibility requirements.

### LITCHFIELD COUNTY EARLY HEAD START

57 Forest Court  
Torrington, CT, 06790  
Telephone: (860) 626-8201  
Fax: (860) 489-8546  
Contact: Sue Weber  
E-mail: weber@educationconnection.org

#### *Overview of Services/Program*

Home-based services are offered to expectant families and children ages birth to three, who meet the eligibility requirements. Services include weekly home visits that share information in the areas of health, nutrition, education, social services and parent involvement. Playgroups are also available in the Torrington and Winsted areas.

### LITCHFIELD COUNTY HEAD START/ EARLY HEAD START

#### **Grandparents Raising Grandchildren Support Group**

57 Forest Court  
Torrington CT. 06790  
Telephone: (860) 806-1410  
Fax: (860) 489-8546  
Contact: Donna Labbe  
E-mail: labbedonna@yahoo.com

#### *Overview of Services*

Grandparents Raising Grandchildren Support Group is offered once a month, year-round on the third Saturday of the month (except December). Topics include: child development, emotional supports, legal issues, and a psychologist lead support group. Lunch and childcare is provided free of charge.

### FAMILY STRIDES, INC.

#### **Father Involvement Program**

350 Main Street, Suite A  
Torrington, CT 06790  
Telephone: (860) 482-3236  
Fax: (860) 482-3238  
Contact: Dan Edison, Manager  
E-mail: dedison@familystrides.org  
Website: www.familystrides.org

#### *Overview of Services/Program*

This state-certified fatherhood program promotes parenting education and support to fathers and family men through weekly groups that focus on the importance of nurturing vital to the father/child relationship, one-on-one contacts, links to community resources, assistance in navigating the court system, educational training, job readiness skills & job placement, and direct contact with business and employment agencies. Also offers relationship classes to couples. Call for information and to register.

### NEW MILFORD VNA

#### **Nurturing Families Network**

68 Park Lane Road (Route 202)  
New Milford, CT 06676  
Telephone: (860) 354-5962  
Fax: (860) 354-7357  
Contact: Megan Moore, Clinical Supervisor  
E-mail: mmoore@newmilfordvna.org

#### *Overview of Services/Program*

Provide case management, home visitation services, parenting and focus groups and telephone support. Enroll first-time parents into the program during the prenatal period or up to three months postpartum (with the exception of parenting groups), offering supportive services which help them transition into their new role as parents. These free and voluntary services offer many opportunities for families to learn about resources available through the community, address issues at hand, learn areas of interest in parenting and connect with other families in a supportive and confidential environment.

## MIDDLESEX COUNTY PROGRAMS/SERVICES:

Serving Centerbrook, Chester, Clinton, Cobalt, Cromwell, Deep River, Durham, East Haddam, East Hampton, Essex, Fenwick, Haddam, Higganum, Ivoryton, Killingworth, Lake Pocotopaug, Middlefield, Middlesex, Middletown, Moodus, Old Saybrook, Portland, Rockfall, Saybrook Point, Westbrook, Westfield, Winthrop

### UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM

#### **People Empowering People (PEP) Program**

1066 Saybrook Road  
P.O. Box 70  
Haddam, CT 06438  
Telephone: (860) 345-5215  
Fax: (860) 345-3357  
Contact: Cheryl Czuba  
E-mail: cheryl.czuba@uconn.edu  
Website: www.pep.uconn.edu

#### *Overview of Services/Programs*

The People Empowering People (PEP) Program is a personal and family development program with a strong community focus. Individual change is encouraged through 10, two-hour long training sessions and weekly follow-up sessions. In addition, participants work on two or more projects that benefit the community. Generally participants commit four to six months to the program. PEP is conducted statewide by trained facilitators from family resource centers, community organizations and prisons. The curriculum is also printed in Spanish. The two-day facilitator training is \$125.00. Programs may run in the summer.

### WINCHESTER PUBLIC SCHOOLS

#### **Winsted Family Resource Center at**

#### **Batcheller Early Education Center**

201 Pratt Street  
Winsted, CT 06098  
Telephone: (860) 379-0828  
Fax: (860) 379-1301  
Contact: Ruthann Horvay  
E-mail: ruthann.horvay@winchesterschools.org

#### *Overview of Services/Program*

The Parents as Teachers program provides parent education and support services to pregnant parents and parents with children preparing for kindergarten entry, including personal visits, play & learn groups, developmental screenings and referral services. We aim to meet the needs of all families for preschool and school-age childcare as well as adult education. A variety of support and educational services are also available for parents of school-age children. This program is open to all families in the town of Winchester.

# Inspire



## MIDDLESEX COUNTY PROGRAMS/SERVICES

### COMMUNITY HEALTH CENTER

Family Wellness Center  
635 Main Street  
Middletown, CT 06457  
Telephone: (860) 347-6971 ext. 3662  
Fax: (860) 347-6659  
Contact: Julie Deak, Coordinator

#### **Overview of Services/Program**

The Family Wellness Center offers educational support and recreational services for parents and their children. Primary focus is the age range birth to five years. Call for information and to register.

### EPILEPSY FOUNDATION OF CONNECTICUT, INC.

386 Main Street  
Middletown, CT 06457  
Telephone: 1-800-899-3745  
Fax: (860) 346-1926  
Contact: Linda Wallace  
E-mail: efct@sbcglobal.net

#### **Overview of Services/Program**

The Epilepsy Foundation of Connecticut, Inc. provides programs and services to the entire state of Connecticut. Services include, but are not limited to, education, support and advocacy. Please contact us for any inquiries regarding epilepsy.

### FOCUS ON RECOVERY-UNITED, INC. (FOR-U)

**Connecticut Recovery Employment Consultation Service (C-RECS)**  
100 Riverview Center, Suite 272  
Middletown, CT 06457-3401  
Telephone: (860) 704-0556  
Fax: (860) 704-0767  
E-mail: focusonrecovery@gmail.com  
Websites: www.focusonrecovery.org; www.creecs.org

#### **Overview of Program/Services**

FOR-U is dedicated to promoting a culture of wellness by encouraging positive change in the lives of adults, their family members, providers and the community. Our values include: Mutual Respect; Shared Responsibility; Honesty; Hope; Education; Self-Advocacy; and Support. FOR-U envisions a statewide network of peer-provided recovery education and support opportunities for adults in Connecticut. For more information, visit the C-RECS website at: www.creecs.org and the FOR-U website. As part of Connecticut's Mental Health Transformation State Incentive Grant (MHT-SIG), C-RECS has been created to establish a person-in-recovery (PIR) driven initiative to promote PIR employment and mental health system transformation. A grant from the state of Connecticut has been awarded to FOR-U to implement and manage the C-RECS initiative. One of the primary goals of the initiative is to increase employment of PIR from diverse cultural backgrounds at all levels of the behavioral health workforce. For more information visit the C-RECS website.

### GREEN STREET ARTS CENTER

51 Green Street, Middletown, CT 06457  
Telephone: (860) 685-7871  
Fax: (860) 685-7875

#### **Afterschool Program**

##### **Overview of Services/Program**

Green Street provides an afterschool program in multi-disciplinary arts education for young people to explore their creativity and develop practical skills for everyday life. It runs Monday – Friday, 3 – 6 p.m., offering homework assistance and art instruction everyday. The program serves children ages 7-18 and has an active Parent Team Organization (PTO). The program follows the Middletown Public School Calendar. There are fees associated, but financial aid and scholarships are available. Students may attend 1-5 days and tuition is prorated accordingly.

#### **Evening/Weekend and Homeschool Program**

##### **Overview of Services/Program**

Green Street is an arts and education center offering an array of events, exhibitions, classes and workshops for individuals and families to transform lives through the arts and foster the creativity in all of us. The program serves all ages featuring classes for adults, teens and children, as well as early childhood classes designed for parents and children. Program is seasonal: September – December, January – March, April – June, July – August. Prices vary. Many free events. Financial aid is also available.

### NELSON AND ASSOCIATES CONSULTING

P.O. Box 1033  
Middletown, CT 06454  
Telephone: (203) 393-5717  
Fax: (203) 393-5717  
Contact: Tony B. Nelson, President, Vocational/Employment Consultant  
E-mail: Motivated59@yahoo.com

#### **Overview of Services/Program**

Provide career and job training to noncustodial parents. The program provides career development and cognitive skills development for candidates having problems with vocational identity, lack of information about jobs or training, or environmental or personal barriers. This population consists of the formerly incarcerated, the under-employed, and their families. The agency's focus is to create opportunities for fathers in order to enhance community and economic development.

### PORTLAND YOUTH SERVICES

Counseling and Resource Center  
265 Main Street  
Portland, CT 06480  
Telephone: (860) 342-6716  
Fax: (860) 342-6764  
Contact: Christopher Napolitano, MS, LMFT

#### **Overview of Services/Program**

Portland Youth Services Counseling and Resource Center provides individual, family and couples counseling. Emphasis is on helping to develop strengths and resources within individuals and families that are being underutilized or not considered. Insurance accepted, sliding scale available for the uninsured.

### ST. VINCENT DEPAUL PLACE

617 Main Street  
P.O. Box 398  
Middletown, CT 06457  
Telephone: (860) 344-0097  
Fax: (860) 343-0023  
Contact: Ronald R. Krom, Executive Director  
E-mail: ron@svdplace.org

#### **Overview of Services/Program**

St. Vincent DePaul Place provides food and assistance to individuals and families through our soup kitchen, food pantry and outreach program. Our supported housing programs serve 55 individuals with disabilities, offering daily living assistance.

### STAND UP PARENTING

#### **St. Stanislaus Bartlewski Center**

492 West Street  
Bristol, CT 06010  
Telephone: (860) 621-4889  
Contact: Patricia Hill  
Website: www.standupparenting.com

#### **Overview of Services/Program**

Stand Up Parenting is a nonprofit organization which provides support and education to parents of out of control children and adults. We are a national program with three locations currently operating in Connecticut. These are located in Middletown, Bristol and Norwalk. We work on a volunteer basis, with courts, social service agencies, schools and others to assist our member families. There is a \$20 annual membership fee and a fee of \$5 for each weekly meeting, per family.

### TRI-TOWN YOUTH SERVICES

#### **Outstanding Ones; Terrific Twos**

56 High Street  
P.O. Box 897  
Deep River, CT 06417  
Telephone: (860) 526-3600  
Fax: same  
Contact: Gail Onofrio, Director  
E-mail: ttysb@aol.com

#### **Overview of Services/Program**

Parent Support groups provide parenting information, social interaction between parent/caregiver and toddlers, and decrease parent isolation among peers. Groups meet weekly in the morning during the school year. Call to register. \$45 – \$70.

### UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM

#### **People Empowering People (PEP) Program Epiphany: Mentoring for Ex-offenders Program**

1066 Saybrook Road  
P.O. Box 70  
Haddam, CT 06438  
Telephone: (860) 345-5215  
Fax: (860) 345-3357  
Contact: Cherry Czuba  
E-mail: cheryl.czuba@uconn.edu  
Website: www.pep.uconn.edu

#### **Overview of Services/Programs**

##### **People Empowering People (PEP) Program**

The People Empowering People (PEP) Program is a personal and family development program with a strong community focus. Individual change is encouraged through 10, two-hour long training sessions and weekly follow-up sessions. In addition, participants work on two or more projects that benefit the community. Generally participants commit four to six months to the program. PEP is conducted statewide by trained facilitators from family resource centers, community organizations and prisons. The curriculum is also printed in Spanish. The two-day facilitator training is \$125.00. Programs may run in the summer.

#### **Overview of Services/Programs**

##### **Epiphany: Mentoring for Ex-offenders Program**

Epiphany is a mentoring program for ex-offenders conducted by faith based and community based organizations. The program is designed to reduce the rate of re-incarceration among offenders. Training and a theoretical hands-on manual will be provided to representatives of faith based and community based organizations interested in bringing the model to their communities.

---

“Your children need  
**YOUR PRESENCE**  
*more than your*  
**PRESENTS.”**

— JESSE JACKSON

# NEW HAVEN COUNTY PROGRAMS/SERVICES:

Serving Allington, Ansonia, Beacon Falls, Bethany, Branford, Cheshire, Derby, Devon, East Haven, Guilford, Hamden, Indian Neck, Leetes Island, Madison, Meriden, Middlebury, Milford, Monowese, Naugatuck, New Haven, North Branford, North Guilford, North Haven, Northford, Orange, Oxford, Prospect, Quinnipiac, Seymour, Short Beach, Southbury, Stony Creek, Totoket, Union City, Wallingford, Waterbury, West Haven, West Simsbury, Whitneyville, Wolcott, Woodbridge, Woodmont

## BRANFORD FAMILY RESOURCE CENTER

12 Melrose Avenue  
Branford, CT 06405  
Telephone: (203) 315-3799  
Fax: (203) 315-4143  
Contact: Jennifer Baglin, Director  
E-mail: jbaglin@branford.k12.ct.us

### *Overview of Services/Program*

We provide infant/toddler playgroups for ages birth through five. Playgroups are facilitated by a nationally trained parent educator and developmental screenings for children are conducted as well as home visits. Playgroups are for all families: dads and grandparents are welcome and encouraged to join us. Monday – Friday 9:30 - 11:30 a.m. open enrollment. Also have preschool programs for 3-5 year olds. Full day and part day programming.

## CENTRAL NAUGATUCK VALLEY REGIONAL ACTION COUNCIL

22 Chase River Road  
Waterbury, CT 06704  
Telephone: (203) 578-4044  
Fax: (203) 756-6032  
Contact: Jesse Mancinone, Prevention Coordinator  
E-mail: cnvracprevention@sbcglobal.net

### *Overview of Services/Program*

Education on the nature and extent of substance abuse and addiction and its effects on individuals, families and communities; information on topics related to substance abuse, parenting and fatherhood; referral to appropriate local-level direct service providers. Regional action councils (RACs) were created by the state legislature and are funded under the Department of Mental Health & Addiction Services. RACs do not provide direct service and there are no associated fees.

## CHILDREN'S THERAPY SERVICES L.L.C.

1389 West Main Street, Suite 225  
Waterbury, CT 06708  
Telephone: (203) 271-3288  
Fax: (203) 757-1474  
Contact: Cindy Jackson  
E-mail: jackcts01@yahoo.com

### *Overview of Services/Program*

Provider of physical therapy, occupational therapy, speech therapy, special education services to children birth to 21. State provider of Birth to Three services in Greater Waterbury and Greater Danbury areas.

## CITY OF NEW HAVEN, BOARD OF EDUCATION, HEAD START PROGRAM

### **Male Involvement Program**

185 Goffe Street  
New Haven, CT 06511  
Telephone: (203) 946-6605  
Fax: (203) 946-6692  
Contact: Keith Young, Male Involvement Coordinator  
E-mail: keith.young@new-haven.k12.ct.us

### *Overview of Services/Program*

The Male Involvement Program convenes classes/workshops and support to help fathers adjust to their changing role. A fathering group meets for mutual support and for sharing information about the role fathers play in their children's development. Also, the program advocates for fathers seeking employment, legal assistance, education and other services they need to help them develop the skills they need to meet their responsibilities to their children/family. Call for information and to volunteer.

## COMMUNITY ACTION AGENCY OF NEW HAVEN

781 Whalley Avenue  
New Haven, CT 06515  
Telephone: (203) 387-7700 ext. 218  
Fax: (203) 397-7475  
Contact: Amos Smith, CEO  
E-mail: asmith@caanh.net

### *Overview of Services/Program*

Employment services and case management provided to non-custodial fathers. Services include job-readiness workshops, job development, training and searches respectively.

## COMMUNITY MEDIATION, INC.

**Family Mediation, Parenting Plans, Divorce and Parent/Child Mediations**  
32 Elm Street, New Haven, CT 06510  
Telephone: (203) 782-3500  
Fax: (203) 782-3503  
Contact: Joe Brummer, Associate Executive Director  
E-mail: joe@cmediation.org

### *Overview of Services/Program*

Community Mediation, Inc. provides family mediation, parenting plans/visitation schedules, parent/teen mediation, divorce mediation, and training in conflict management. Fees are based on sliding scale.

## COORDINATING COUNCIL FOR CHILDREN IN CRISIS, INC.

### **Nurturing Families Network**

131 Dwight Street  
New Haven, CT 06511  
Telephone: (203) 624-2600 ext. 313  
Fax: (203) 562-6232  
Contact: Galit Sharma  
E-mail: gsharma@cccch.org

### *Overview of Services/Program*

The Nurturing Families Network at CCCC offers Home Visiting and Groups for Fathers. Home Visiting is a long-term, intensive individualized program for first-time fathers and fathers parenting for the first time. Target participants are fathers of infants up to three months of age and expectant fathers. Nurturing Fathers Groups meet weekly and are open to all fathers. Both programs provide parenting education and support and focus on relationship building, attachment, age-appropriate expectations and co-parenting while helping fathers achieve their employment and educational goals. There is no fee to participate.

## CORNELL SCOTT - HILL HEALTH CENTER

428 Columbus Avenue  
New Haven, CT 06519  
Telephone: (203) 503-3000  
Fax: (203) 503-3254  
Contact: Rob Rioux  
E-mail: rrioux@hillhealthcenter.com  
Website: www.hillhealthcenter.com

### *Overview of Services/Program*

Medical, dental, behavioral health services, and specialty services (ophthalmology, podiatry, dermatology, neurology, ear/nose/throat (ENT) and gastrointestinal (GI)) to anyone and everyone including low-income and uninsured people of all ages. Locations in Ansonia, Derby, West Haven and New Haven.

## FAMILY RESOURCE CENTERS (FRC) PARENTS AS TEACHERS PROGRAM

Chase School FRC  
40 Woodtick  
Waterbury, CT 06705  
Telephone: (203) 573-6646  
Fax: (203) 573-5082  
Contact: Maryangela Amendola  
E-mail: mamendola@waterbury.k12.ct.us

Wilson School FRC  
35 Birch Street  
Waterbury, CT 06704  
Telephone: (203) 573-6664  
Fax: (203) 573-6663

### *Overview of Services/Program*

Parents as Teachers Program is a free parent support and child development program that provides playgroups, personal visits, screening, resource and referral to parents and children prenatal to five years of age. Playgroups run from October to May, home visits and additional services are year-round. We serve parents, grandparents and family caregivers, with priority given to teen parents.

## FATHERS MOTIVATED FOR CHILDREN & FAMILIES, INC.

144 Center Street  
Meriden, CT 06450  
Telephone: (203) 631-6603 or (860) 382-8646  
Contacts: Darnell Moss, Statewide Developer  
Douglas Jackson, Director, New Haven Counties  
Elmore Ligon, Director, Hartford & Middlesex Counties  
Carlos Vargas, Latino Coordinator  
E-mail: fathersmotivated@aol.com

### *Overview of Services/Program*

Our organization empowers parents using average, everyday fathers who are exceptional parenting role models. Provide workshops, inspirational events and participative programs to motivate parents to make children's lives better. Organization feeds communities through breakfasts that are free, and gives toys to children whose fathers are deceased or imprisoned. Organization partners with state agencies, community providers and educational institutions to disseminate importance of Good Parenting, Real Work Ethic and Lifelong Learning.

## FISH OF GREATER NEW HAVEN, INC.

P.O. Box 8552  
New Haven, CT 06531  
Telephone: (203) 503-0107 (office) or (203) 503-0106 (food hotline)  
Fax: (203) 469-8967  
Contact: Marsha Royster, Director  
E-mail: fishofgnh0@sbcglobal.net

### *Overview of Services/Program*

FISH is a non profit food pantry that delivers bags of non perishable food directly to the homes of those requesting food assistance. Clients can receive a delivery once every 30 days. Our clients are the elderly, disabled, veterans, single parent homes, working and nonworking families and grandparents who are raising grandchildren. We operate a food hotline year-round, 24 hours. There are no fees associated with our services.

## LITERACY VOLUNTEERS OF GREATER WATERBURY, INC.

**Adult Literacy Program**  
267 Grand Street  
Waterbury, CT 06702  
Telephone: (203) 754-1164  
Fax: (203) 574-8055  
Contact: Vanessa Vowe  
E-mail: Lvgw-info@waterburyct.org  
Website: www.Lvgwct.org

### *Overview of Services/Program*

Literacy Volunteers of Greater Waterbury, Inc. teaches adults to read, write, speak and understand English through the effective use of trained volunteers. LVGW also provides Family Literacy classes and events. Classes are free and available year-round.

### LULAC HEAD START, INC.

NAEYC Accredited Centers:  
Fay Miller Child & Family Development Center  
250 Cedar Street  
New Haven, CT 06519  
Telephone: (203) 777-4006  
Fax: (203) 777-8781  
Hours Open: 7:30 a.m. to 5:30 p.m. Part day and full day classes  
Serving Prenatal to four years old children

Mill River Center  
375 James Street  
New Haven, CT 06513  
Telephone: (203) 777-7501  
Fax: (203) 773-9320  
Hours Open: 7:30 a.m. to 5:00 p.m. Part day and full day classes  
Serving Prenatal to 4 years old children  
Contact: Magdalena Rosales-Alban, MBA, Executive Director  
E-mail: information@lulacheadstart.org

#### Overview of Programs/Services

The program uses a blended program approach to serve infants, toddlers and pregnant women by offering a variety of alternatives. In addition to center-based services provided in the two above mentioned centers, LULAC offers a home-based program, prenatal services for pregnant women, and a fatherhood program. LULAC Head Start's prenatal option provides services through four phases of the birth process. In the home-based option, Parent Educators work with parents to understand the child development process, check the safety of the home environment, and stay on track with the recommended schedule for well-child checkups, including dental care. The primary goal of the fatherhood program is to provide basic infant care skills and encouragement to men on the eve of fatherhood. We aim to assist fathers in their parenting role and as leaders in their community.

### MERIDEN CHILDREN FIRST INITIATIVE

**Parent Leadership Training Institute**  
**People Empowering People**  
105 Miller Street  
Meriden, CT 06450  
Telephone: (203) 630-3566  
Fax: (203) 630-2423  
Contact: David Radcliffe  
E-mail: info@meridenchildrenfirst.org  
Website: www.meridenchildrenfirst.org

#### Overview of Services/Program

The Parent Leadership Training Institute teaches democracy skills to parents so they can be more effective advocates for their children. This 20-week course, created by the Commission on Children, offers free childcare and meals. People Empowering People (PEP), designed by the University of Connecticut, is a training to empower parents who may be facing extra challenges in life, including those whose first language is other than English. PEP is offered in Spanish and English.

### MERIDEN SOUP KITCHEN

Located at the First Baptist Church (lower level)  
460 Broad Street  
Meriden, CT 06450  
Telephone: (203) 980-3372  
Contact: Peter F. Meah

#### Overview of Services/Program

The Meriden Soup Kitchen serves a full meal at mid-day, Monday through Friday from 11:00 a.m. to 12:30 p.m. The meal typically consists of a main course, salad, soup, bread and butter, beverage and dessert.

### NEW HAVEN FAMILY ALLIANCE, INC.

**Male Involvement Network**  
370 James Street  
New Haven, CT 06511  
Telephone: (203) 786-5970  
Fax: (203) 777-5839  
Contact: Blannie Bostic, Program Manager  
E-mail: blannie.bostic@nhfamilyalliance.org

#### Overview of Services/Program

The Male Involvement Network is a state-certified fatherhood program. The targeted consumers are 1) noncustodial fathers who strive to be nurturing and responsible parents; 2) custodial fathers seeking support for their parenting; 3) fathers with child support, visitation or other parenting-related concerns; 4) incarcerated and post-incarcerated fathers requiring fatherhood services. The Male Involvement Network strives to dispel myths about noncustodial fathers while increasing awareness of the father's importance to a child's healthy development. Services include case management, fatherhood development educational classes, workforce development, fatherhood support group, healthy relationship classes, financial education, employment assistance and pre-release father engagement and mentoring for incarcerated fathers.

### NEW OPPORTUNITIES, INC.

**Fatherhood Initiative Program**  
232 North Elm Street  
Waterbury, CT 06702  
Telephone: (203) 575-9799 ext. 210  
Fax: (203) 755-8254  
Contact: Anthony Rucker, Program Supervisor  
E-mail: arucker@newopportunitiesinc.org  
Website: www.newopportunitiesinc.org

74 Cambridge Street  
Meriden, CT 06450  
Telephone: (203) 235-0278  
Fax: (203) 237-8442  
Contact: David Dudley, Fatherhood Coordinator  
E-mail: ddudley@newopportunitiesinc.org  
Website: www.newopportunitiesinc.org

#### Overview of Services/Program

This state-certified fatherhood program's mission is to help the fathers to promote positive involvement and interaction with their children, and to increase their ability as fathers to meet the social, emotional, financial, medical and educational needs of their children. We also offer a healthy relationships curriculum, helping couples better understand each other and make positive changes to their relationship.

### NORTHWEST REGIONAL WORKFORCE INVESTMENT BOARD

**Employment Training and Placement**  
Address: 249 Thomaston Avenue  
Waterbury, CT 06702  
Telephone: (203) 574-6971  
Fax: (203) 573-8951  
Contact: Ken Bates  
E-mail: ken.bates@po.state.ct.us

#### Overview of Services/Program

The NRWIB provides qualified unemployed, underemployed, and dislocated workers with job training, and serves 41 municipalities in the Greater Waterbury region. The NRWIB and its primary partner, CTWorks (Ct Department of Labor) offer resume preparation assistance, computer/internet access, job search assistance, training information and job clubs.

### PRIDE CULTURAL CENTER - WATERBURY PARENTING COALITION INTERNATIONAL, INC.

186 Cherry Street  
Waterbury, CT 06702  
Telephone: (203) 591-8841  
Fax: (203) 574-3280  
E-mail: prideyouth@sbcglobal.net

#### Overview of Services/Program

The "Dads In Education" program empowers fathers to teach youth to build a strong foundation using principles of socialization, participation and awareness. The group meets monthly. Call for information and to register.

### STAYWELL HEALTH CENTER

80 Phoenix Avenue  
Waterbury, CT 06702  
Telephone: (203) 756-8021 ext. 3018  
Fax: (203) 574-4978  
Contact: Christine Bianchi, Director of Community Programs  
E-mail: cbianchi@staywellhealth.org  
Website: www.staywellhealth.org

#### Overview of Services/Program

The Nurturing Families Program is dedicated to providing parent support, parenting groups and home visitation services. We enroll new parents into the programs during their pregnancy and post partum offering supportive services which help them transition into their new role as parents. These free and voluntary programs offer many opportunities for families to learn about resources, address some of their personal struggles, learn about areas of interest, and feel heard by others who care.

### STUDENT PARENTING AND FAMILY SERVICES

181 Mitchell Drive  
New Haven, CT 06511  
Telephone: (203) 946-8536  
Fax: (203) 946-2938  
Contact: Lorraine Deluz  
E-mail: LLorde@aol.com

#### Overview of Services/Program

Student Parenting and Family Services provides daycare and outreach support services to adolescent mothers and fathers who attend school and need an affordable daycare and formal support systems.

### TEAM, INC.

**Valley Family Resource Center/TEAM Inc**  
80 Howard Avenue  
Ansonia, CT 06401  
Telephone: (203) 734-8609 ext. 14  
Fax: (203) 735-9684  
Contact: Beth Gaillard, Family Resource Center Manager  
E-mail: bgaillard@teaminc.org  
Website: www.teaminc.org

#### Overview of Services/Program

The Valley Family Resource Center reaches out to valley communities to provide a network of resources, referral, and advocacy among families and schools. The center offers: playgroups, parent workshops, newsletters and resource and referral services. Services provided to families with children aged birth to eight years old. There are no fees for any programs that the Valley Family Resource Center offers. The center is open year-round. Playgroups run all year, parent workshops are held October through June in local elementary schools. Special family events are held throughout the year.



## NEW HAVEN COUNTY PROGRAMS/SERVICES

### THE CHILDREN'S RIGHTS COUNCIL OF CONNECTICUT, INC.

#### Transition Services and Trainings

200 Elm Street  
West Haven, CT 06516  
Telephone: (860) 271-3294  
Contact: Mark Roseman, Ph.D., Executive Director  
E-mail: ctcrcc@aol.com

#### Overview of Services/Program

CRC services empower parents and practitioners. These services include family mediation, shared parenting guidelines, supervised visitation and individual consultations. CRC offers workshops on personal growth and provides trainings in improving communication effectiveness, diversity and workplace productivity. Services open to single, separated, divorced and never-married dads and moms; grandparents and extended family; and family practitioners and human service providers. All services are sliding scale or negotiated contract.

### THE CONSULTATION CENTER, INC.

#### Research, Policy, and Programs on Male Development

389 Whitney Avenue  
New Haven, CT 06511  
Telephone: (203) 789-7645  
Fax: (203) 562-6355  
Contact: Derrick Gordon, Ph.D.  
E-mail: derrick.gordon@yale.edu

#### Overview of Services/Program

The Research, Policy, and Programs on Male Development area helps community-based programs promote healthy male development through evaluation research and consultation. The research and consultation areas of focus span primary, secondary and tertiary prevention efforts.

### UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM

#### New Haven EFNEP (Expanded Food and Nutrition Education Program)

New Haven County Extension Center  
305 Skiff Street  
North Haven, CT 06473-4451  
Telephone: (203) 407-3169

#### Overview of Services/Program

Community-based food and nutrition education for low-income families and youth to help them learn food shopping and preparation skills to save money and improve nutrition. Series of at least four small group classes are interactive, usually organized with a community-based agency.

### UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM

#### People Empowering People (PEP) Program

1066 Saybrook Road  
P.O. Box 70  
Haddam, CT 06438  
Telephone: (860) 345-5215  
Fax: (860) 345-3357  
Contact: Cherry Czuba  
E-mail: cheryl.czuba@uconn.edu  
Website: www.pep.uconn.edu

#### Overview of Services/Programs

The People Empowering People (PEP) Program is a personal and family development program with a strong community focus. Individual change is encouraged through 10, two-hour long training sessions and weekly follow-up sessions. In addition, participants work on two or more projects that benefit the community. Generally participants commit four to six months to the program. PEP is conducted statewide by trained facilitators from family resource centers, community organizations and prisons. The curriculum is also printed in Spanish. The two-day facilitator training is \$125.00. Programs may run in the summer.

### VALLEY REGIONAL ADULT EDUCATION

#### Valley Even Start

80 Howard Avenue  
Ansonia, CT 06401  
Telephone: (203) 734-8609 ext. 31  
Fax: (203) 735-9684  
Contact: Michele Holovach  
E-mail: mholovach@vrae.org  
Website: www.valleyevenstart.org

#### Overview of Programs/Services

Valley Even Start offers Valley parents (who have at least one child age three to five enrolled in a licensed preschool or kindergarten) English as a Second Language or GED preparation classes, parenting discussions, interactive literacy activities and a monthly home visit. Valley Even Start serves families that reside in Ansonia, Derby, Seymour and Shelton. The program is free and operates year-round.

### WATERBURY CHAPTER OF THE COMPASSIONATE FRIENDS

#### Senior Care Center

900 Straits Turnpike  
Middlebury, CT 06762  
Telephone: (860) 351-5879  
Contact: Sharon Burns  
Website: www.waterburytcf.org  
National website: www.thecompassionatefriends.org

#### Overview of Programs/Services

For parents, siblings, grandparents, uncles, aunts, or anyone that has had a child that has passed too soon. It is to help with the loss of any child, of any age, due to accident, illness, still born or suicide. The group meets at 7:00 p.m. on the second Wednesday of every month. There is no cost. You may come and talk if you like or just come to listen, which ever helps the most. We have several chapters around the state and can refer you to the closest one possible. Call for more information.

### WELLPATH

141 East Main Street, 3rd floor  
Waterbury CT 06702  
Fax: (203) 575-1817

#### Nurturing Family Network

Telephone: (203) 575-0466 ext. 105  
Contact: Brenna Dobos, Team Leader  
E-mail: bdobos@wellpathct.org

#### Overview of Services/Program

Program consists of three different components, Nurturing Groups, Nurturing Connections phone support and Nurturing Family Home Visiting; all components are offered to both mothers and fathers. First-time parents go through a screening to determine which component best meets their needs. We serve first-time parents that deliver at St. Mary's Hospital in Waterbury. Families who are involved with DCF are not eligible for services. There are no fees for Nurturing Family Network. All services are free, confidential and voluntary.

#### Family Enrichment Services

Telephone: (203) 575-0466 ext. 102  
Fax: (203) 575-1817  
Contact: Harriet Sternthal, LCSW, Team Leader

#### Overview of Services/Program

The Family Enrichment Services Program provides home-based services to families in the Greater Waterbury area. Families are referred to the program by the Department of Children and Families. Services are voluntary and free of charge. The length of service is four months and can be extended if necessary. Hours are Monday – Friday, 8:00 a.m. - 4:30 p.m., 4:30 - 6:30 p.m. and weekends as needed. Family Enrichment Specialists provide families with information on variety of topics such as, child development, discipline, housing, child care, stress management, parenting, employment, budgeting and community resources.

### WOODBRIIDGE YOUTH SERVICES

11 Meetinghouse Lane, Woodbridge, CT 06525  
Telephone: (203) 289-3429  
Fax: (203) 389-3472  
Contact: Jayne Percy  
E-mail: jpercy@ci.woodbridge.ct.us

#### Overview of Services/Program

P.A.C.T. is a three- evening, 4<sup>1</sup>/<sub>2</sub>- hour communication workshop for 6th graders and their parents. The Woodbridge Youth Evening Program is a monthly Friday evening event held throughout the school year for 7th and 8th graders – parent participation is necessary as volunteer/chaperones. The Bethany/Orange/Woodbridge (BOW) Collaborative and Beecher Road School Family Team Collaborative are for parents with school-age children in need.

### YOUNG PARENT PROGRAM OF MILFORD

300 Seaside Avenue, Milford CT 06460  
Telephone: (203) 876-4285  
Fax: (203) 876-4198  
Contact: Karen Schur, Executive Director  
E-mail: karen.schur@milfordhospital.org

#### Overview of Services/Program

Teen pregnancy prevention program and teen parenting support services. Provides confidential parenting and pregnancy prevention services to teens and young adults to promote healthy choices and responsible decision-making, healthy birth outcomes and prevention of future unwanted pregnancies. Childbirth classes and home visitation is offered. Targeted participants are parents 13-21 years old in Milford and the surrounding communities. No fees associated with services.

## NEW LONDON COUNTY PROGRAMS/SERVICES:

Serving Baltic, Bozrah, Colchester, East Lyme, Franklin, Gales Ferry, Griswold, Groton, Hanover, Jewett City, Lebanon, Ledyard, Lisbon, Lords Point, Lyme, Mohegan, Montville, Morningside Park, Mystic, New London, Niantic, Noank, North Lyme, North Stonington, Norwich, Norwichtown, Oakdale, Occum, Old Lyme, Pawcatuck, Preston, Salem, Sprague, Stonington, Taftville, Uncasville, Versailles, Voluntown, Waterford, Yantic

### BRANFORD FAMILY RESOURCE CENTER

12 Melrose Avenue  
Branford, CT 06405  
Telephone: (203) 315-3799  
Fax: (203) 315-4143  
Contact: Jennifer Baglin, Director  
E-mail: jbaglin@branford.k12.ct.us

#### Overview of Services/Program

We provide infant/toddler playgroups for ages birth through five. Playgroups are facilitated by a nationally trained parent educator and developmental screenings for children are conducted as well as home visits. Playgroups are for all families: dads and grandparents are welcome and encouraged to join us. Monday – Friday 9:30 - 11:30 a.m. open enrollment.

## NEW LONDON COUNTY PROGRAMS/SERVICES

### CHILD AND FAMILY AGENCY OF SOUTHEASTERN CONNECTICUT, INC.

#### Harbor Family Resource Center

432 Montauk Avenue, New London  
Contact: Mary Ann Root, Site Manager  
Telephone: (860) 701-6035  
E-mail: rootm@cfapress.org

#### Groton Family Resource Center

Catherine Kolnaski School  
500 Poquonock Road, Groton  
Contact: Georgene Kaler, Site Manager  
Telephone: (860) 449-5612 ext. 1249  
E-mail: kalerg@cfapress.org

#### Jennings Family Resource Center

C.B. Jennings School  
50 Mercer Street, New London  
Contact: Laura Conti Lane, Site Manager  
Telephone: (860) 447-6050 ext. 7606  
E-mail: lanel@cfapress.org

#### *Overview of Services/Program*

The three Family Resource Centers in New London County provide services to parents and families, such as the Parents as Teachers Program (PAT) with playgroups and personal visits to provide support and information on the developmental stages of your child (prenatal to age five); full-time NAEYC Accredited Preschools serving children three to five years old (sliding fee scale); after school and vacation childcare; Adult Education through New London and Groton Adult Education (GED, High School Diploma and English as a second language); Positive Youth Development, in collaboration with School Based Health Centers, P.B. Learned Mission and New London Youth Affairs, providing activities, which encourage appropriate social skills and self-esteem and provide educational enrichment; a resource and referral service to connect families with agencies that provide needed services; and support and training for family day care providers.

### CHILD AND FAMILY AGENCY OF SOUTHEASTERN CONNECTICUT, INC.

#### Young Parents Program

75 Granite Street  
New London, CT 06320  
Telephone: (860) 437-4555 ext. 328  
Fax: (860) 437-4552  
Contact: Michele Zamagni/Community Worker  
E-mail: zamagnim@cfapress.org

#### *Overview of Services/Program*

The Young Parents Program (YPP) serves pregnant and parenting teens who reside in New London and Groton. YPP provides teens with prenatal and parenting education. Teen fathers are encouraged to join; services are free and confidential.

### COLCHESTER PARKS & RECREATION

127 Norwich Avenue  
Colchester, CT 06415  
Telephone: (860) 537-7236 (direct line); (860) 537-7297 (main office)  
Fax: 1-888-468-6093  
Contact: Anita Pizzutiello  
E-mail: apizzutiello@colchesterct.gov  
Website: www.colchesterct.gov

#### *Overview of Services/Program*

Creating Community through People, Parks & Programs. Please check our website for current program offerings and special events.

### CONNECTICUT COMMUNITY FOR ADDICTION RECOVERY

#### New London Recovery Community Center

Contact Administrative Office for information:  
Telephone: (860) 244-2227  
Contact: Laurie Fresher  
E-mail: laurie@ccar.us

#### *Overview of Services/Program*

CCAD offers a variety of recovery support services to anyone interested in recovery from alcohol and other drug addiction, including Recovery Community Centers, Telephone Recovery Support, Recovery Housing Project, The Recovery Oriented Employment Services (ROES) Program, the Recovery Training Series and Annual Recovery Walks. There are three other Recovery Community Centers operating in the state, in Bridgeport, Hartford and Willimantic.

### CONNECTICUT PARDON TEAM, INC.

307 Main Street  
Norwich, CT 06360  
Telephone: (860) 823-1571  
Fax: (866) 251-3810  
Contact: Richard A. Caron Sr.  
E-mail: rcaronsr@connecticutpardonteam.org

#### *Overview of Services/Program*

We provide tools/information about the pardon process to help change the lives of individuals who were formerly convicted of a crime, have successfully completed their parole and/or probation, and have made significant steps toward rebuilding their lives. Further, we seek to assist those who are taking a proactive role in giving back to their communities, setting an exceptional example for other convicted persons and remaining conviction-free for the term prescribed by law.

### LITERACY VOLUNTEERS OF EASTERN CONNECTICUT (LVEC)

#### A Continuum of free English Literacy Services

106 Truman Street  
New London, CT 06320  
Telephone: (860) 443-4800  
Fax: (860) 443-4880  
Contact: Executive Director  
E-mail: executivedirector@englishhelp.org

#### *Overview of Services/Program*

Teaching Eastern Connecticut adults to speak, read and write in English. We serve adults 18 years of age and older. LVEC's continuum of services run continuously throughout the year and are free of charge.

### MADONNA PLACE, FATHERHOOD INITIATIVE PROGRAM

240 Main Street  
Norwich, CT 06360  
Telephone: (860) 886-6600  
Fax: (860) 892-5411  
Contact: Gabriel Fonseca, M.S. (Program Manager)  
E-mail: gfonseca@madonnaplace.org  
Website: www.madonnaplace.org

#### *Overview of Services/Program*

This state-certified fatherhood program has a mission to support fathers as they strive to meet the emotional, financial, medical, educational and physical needs of their children. The program offers case management services to promote positive interaction between fathers, mothers and children. A number of curriculum-based parenting and related groups are offered for fathers and couples. Family Development Plans are used to address fathers' strengths, challenges and goals.

### THE CENTER: A DROP-IN COMMUNITY LEARNING & RESOURCE CENTER

45 Broad Street, Annex  
New London, CT 06320  
Telephone: (860) 442-4466  
Fax: (860) 908-3010  
Contact: Reona Dyess, Executive Director  
E-mail: dilcenter@hotmail.com

#### *Overview of Services/Program*

The Drop-In Learning & Community Resource Center promotes successful youth development by supporting the education of youth and their families with year-round supplemental educational services and enrichment programs for elementary and middle school students. Sliding scale fee structure based on income. Year-round programming.

### TOWN OF GROTON DEPARTMENT OF HUMAN SERVICES

#### Groton Family Support Center (FSC)

2 Fort Hill Road  
Groton, CT 06340  
Telephone: (860) 441-6760  
Fax: (860) 441-6766  
Contact: Marjorie D. Fondulas, Director of Human Services  
E-mail: mfondulas@town.groton.ct.us

#### *Overview of Programs/Services*

The Human Services Department offers guidance and support to parents, grandparents and caregivers, conducts community programs and workshops, maintains a community food locker and sponsors annual holiday food basket and toy distributions. The department provides rent, utility and fuel assistance based upon eligibility requirements and offers counseling for children and youth, crisis intervention, advocacy, case management and information and referral services. Groton residency is required for most services but some programs are open to any persons residing in the greater Groton/New London County area. All programs and services are provided free of charge.

Both of the following programs are offered at the Human Services Building:  
2 Fort Hill Road  
Groton, CT  
Telephone: (860) 441-6790  
Contact: Diane Schrage  
E-mail: dschrage@town.groton.ct.us

#### **Grandparents Raising Grandchildren Support Group**

The group is offered monthly and open to grandparents in the greater Groton/New London County area who have temporary or permanent custody of their grandchildren. Refreshments and limited child care provided free of charge. Group meets the first Thursday of each month, 6:30 to 8:00 p.m.

#### **Parents' Craft Group**

The group is offered three Tuesday mornings/month and open to dads, moms, grandparents, and caregivers who enjoy crafts and benefit from sharing the joys and challenges of parenting. Pre-school age children are welcome and remain in the room with their families; refreshments are provided. The group is offered free of charge.

## TOLLAND COUNTY PROGRAMS/SERVICES:

Serving Amston, Andover, Bolton, Columbia, Coventry, Crystal Lake, Ellington, Hebron, Mansfield, Rockville, Somers, Somersville, South Coventry, Stafford, Stafford Springs, Storrs, Talcottville, Tariffville, Tolland, Union, Vernon, Vernon Center, Willington

### UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM

#### People Empowering People (PEP) Program

1066 Saybrook Road  
P.O. Box 70  
Haddam, CT 06438  
Telephone: (860) 345-5215  
Fax: (860) 345-3357  
Contact: Cherry Czuba  
E-mail: cheryl.czuba@uconn.edu  
Website: www.pep.uconn.edu

#### Overview of Services/Programs

The People Empowering People (PEP) Program is a personal and family development program with a strong community focus. Individual change is encouraged through 10, two-hour long training sessions and weekly follow-up sessions. In addition, participants work on two or more projects that benefit the community. Generally participants commit four to six months to the program. PEP is conducted statewide by trained facilitators from family resource centers, community organizations and prisons. The curriculum is also printed in Spanish. The two-day facilitator training is \$125.00. Programs may run in the summer.

### EASTERN CONNECTICUT HEALTH NETWORK (ECHN) FAMILY DEVELOPMENT CENTER

71 Haynes Street  
Manchester, CT 06040  
Telephone: (860) 646-1222 ext. 2442  
Contact: Ardith Crampton, Manager  
E-mail: acrampton@echn.org

#### Overview of Services/Program

The ECHN Family Development Center operates a number of fatherhood initiatives via five basic programs: Nurturing Families Network, Early Head Start, Family Enrichment Services, Family Resource Center in Manchester, Family Resource Center in Vernon. Opportunities include: "Nurturing" parenting groups just for dads, home visiting for parents (including dads who are primary caregivers), single parent support group, special events for dads and their children, including playgroups, field trips and workshops. No cost for services.

### KIDSAFE CT

19 Elm Street  
Rockville, CT 06066  
Telephone: (860) 872-1918  
Fax: (860) 872-8066  
Contact: Judith Clarke or Mary Burke  
E-mail: jclarke@kidsafect.org or mburke@kidsafect.org  
Website: www.kidsafect.org

#### Overview of Services/Program

KIDSAFE CT offers a Fathers Support Group meeting weekly, Parenting Education and Parent Aide Resources, Individual/Couples/Family Counseling, Anger Management Classes, and Noncustodial Parenting specific education and counseling. For all of these programs, the mission is to help individuals and their family succeed. KIDSAFE's goal is to assess then create a plan that offers solutions for ultimate success. KIDSAFE will provide appropriate assessment, consultation, direction, simple solutions and access to information and services in order for the individual or family to make progress and address the issues. KIDSAFE tailors programs specifically for fathers needing assistance in all program areas.

### MANSFIELD YOUTH SERVICES

Mansfield Town Hall  
4 South Eagleville Road  
Storrs, CT 06268  
Telephone: (860) 429-3319  
Contact: Patricia Michalak, MA Program Coordinator  
E-mail: michalakp@mansfieldct.org  
Website: www.mansfieldct.gov

#### Overview of Services/Program

The Grandparents Raising Grandchildren Support Group is offered once a month, the third Friday of every month during the school year from 1:00 to 2:30 p.m. Topics include child development, emotional supports, legal issues and a licensed Social Worker leads the group. Lunch is provided free of charge. Our Parenting Group is offered weekly on Tuesday evenings 5:30 to 6:30 p.m. The School Readiness program is a state-funded program for child care and education for three-to four-year-old children, and includes parent support and education. The Youth Service Bureau provides prevention, education, and therapeutic services to children, youth and families. Contact us for information about additional programs.

### PRESCHOOL OF THE ARTS

Business Office: PO Box 775, Ellington, CT 06029  
Telephone: (860) 487-3765  
Contact: Susan and John Leavitt, Owners  
E-mail: susanleavitt@sbcglobal.net  
Website: www.ctpreschoolofthearts.com

#### Overview of Services/Program

The Preschool of the Arts, Inc. is an educational child care facility with a school in Ellington and one in Tolland, Connecticut. They are both centrally located in each community. At both schools, children are bused to and from all public schools in the town at no extra charge to the parents. We pride ourselves in serving families in the surrounding communities by providing quality child care while delivering a rich curriculum for preschoolers through early elementary school with emphasis on the arts. Students are placed into small multi-age preschool groups or a preK/kindergarten group. In an attempt to be helpful to parents, fees are not standard because we have a flexible hours policy. The centers are open 51 weeks per year with the main program running between the end of August through June. The program in the summer, FUNCATION, may be accessed a week at a time. We also have a before and after school program for children up to age eight. If you have any financial questions, please call John at the business office (860) 487-3765 or via E-mail at: info@CTPreschoolOfTheArts.com.

### STAFFORD FAMILY SERVICES

21 Hyde Park Road  
Stafford Springs, CT 06076  
Telephone: (860) 684-4239  
Fax: (860) 684-0511  
Contact: Ramona Singleton, LMFT, Director  
Debi Shearer, MFT, Therapist  
E-mail: family.services@staffordct.org

#### Overview of Services/Program

Outpatient individual, couple and family counseling services; substance abuse counseling. Serving families, couples, parents, single parents, teens and children. Fees based upon a sliding scale. Year-round services.

### TOLLAND FAMILY RESOURCE CENTER

Birch Grove Primary School  
247 Rhodes Road  
Tolland, CT 06084  
Telephone: (860) 870-6750 ext. 5  
Contact: Suzanne Appleton  
E-mail: sappleton@tolland.ct.k12.com  
Website: www.myteacherpages.com/webpages/tollandfrc/

#### Overview of Services/Program

Playgroups, parent education, home visits and referral services for residents of Tolland. Most programs run September to June and have a small or no fee.

### UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM

EFNEP (Expanded Food and Nutrition Education Program)  
State EFNEP Office  
Department of Nutritional Sciences  
3624 Horsebarn Road Extension  
UConn  
Storrs, CT 06269-4017  
*\*Office locations in Hartford, New Haven and Windham counties  
(call for information or refer to listings under each county)*

Telephone: (860) 486-1783  
Fax: (860) 386-3674  
Contact: Linda Drake, Program Director  
E-mail: linda.drake@uconn.edu

#### Overview of Services/Program

Community-based food and nutrition education for low-income families and youth to help them learn food shopping and preparation skills to save money and improve nutrition. Series of at least four small group classes are interactive, usually organized with a community-based agency.

### UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM

#### People Empowering People (PEP) Program

1066 Saybrook Road  
P.O. Box 70  
Haddam, CT 06438  
Telephone: (860) 345-5215  
Fax: (860) 345-3357  
Contact: Cherry Czuba  
E-mail: cheryl.czuba@uconn.edu  
Website: www.pep.uconn.edu

#### Overview of Services/Programs

The People Empowering People (PEP) Program is a personal and family development program with a strong community focus. Individual change is encouraged through 10, two-hour long training sessions and weekly follow-up sessions. In addition, participants work on two or more projects that benefit the community. Generally participants commit four to six months to the program. PEP is conducted statewide by trained facilitators from family resource centers, community organizations and prisons. The curriculum is also printed in Spanish. The two-day facilitator training is \$125.00. Programs may run in the summer.



## WINDHAM COUNTY PROGRAMS/SERVICES:

Serving Abington, Ashford, Ballouville, Brooklyn, Canterbury, Chaplin, Danielson, Dayville, East Brooklyn, East Killingly, East Putnam, Eastford, Fabyan, Grosvenor Dale, Hampton, Killingly, Moosup, North Grosvenor Dale, Oneco, Plainfield, Pomfret, Putnam, Putnam Heights, Quinebaug, Rogers, Scotland, South Killingly, South Windham, South Woodstock, Staffordville, Sterling, Thompson, Wauregan, Willimantic, Windham, Woodstock

### ACCESS AGENCY

1315 Main Street, Suite 2  
Willimantic, CT 06226  
Telephone: (860) 450-7400  
Fax: (860) 450-7454

231 Broad Street  
Danielson, CT 06239  
Telephone: (860) 774-0418  
Fax: (860) 774-3347  
E-mail: [access@accessagency.org](mailto:access@accessagency.org)  
Website: [www.accessagency.org](http://www.accessagency.org)

#### **Overview of Services/Program**

A variety of programs are offered free of charge to qualifying participants. These programs provide food, heat, energy, housing assistance, job and life skills training, transportation, community services, small-business counseling, mentoring and much, much more. Call for more information or visit the website.

### ASHFORD PARKS AND RECREATION COMMISSION

5 Town Hall Road  
Ashford, CT 06278  
Telephone: (860) 487-4409  
Fax: (860) 487-4434  
Contact: Sherry York  
E-mail: [syork@ashfordtownhall.org](mailto:syork@ashfordtownhall.org)

#### **Overview of Services/Program**

Ashford Park and Rec oversees two playgrounds/parks, in town. Free programs include our Summer Concert Series and Family Day. Sports programs, swim lessons arts and crafts and trips are available for reasonable fees.

### CONNECTICUT COMMUNITY FOR ADDICTION RECOVERY

Windham Recovery Community Center: Home of Positive Faces  
713 Main Street Rear  
Willimantic, CT 06226  
Telephone: (860) 423-7088  
Fax: (860) 423-8768  
Contact: Diane Potvin, Manager

#### **Overview of Services/Program**

Connecticut Community for Addiction Recovery offers a variety of recovery support services to anyone interested in recovery from alcohol and other drug addiction, including Recovery Community Centers, Telephone Recovery Support, Recovery Housing Project, The Recovery Oriented Employment Services (ROES) Program, the Recovery Training Series and Annual Recovery Walks. There are three other Recovery Community Centers operating in the state, in Bridgeport, Hartford and New London.

### COVENANT SOUP KITCHEN

220 Valley Street  
Willimantic, CT 06226  
Telephone: (860) 423-1643  
Fax: (860) 423-1644  
Contact: Paul Doyle  
E-mail: [pdoyle@covenantsoupkitchen.org](mailto:pdoyle@covenantsoupkitchen.org)

#### **Overview of Services/Program**

Soup Kitchen is open  
Monday to Saturday: Breakfast at 9:00 a.m., Lunch at 12:15 p.m.  
Sunday: take home lunch at 11:30 a.m.  
Friday: Dinner at 5:30 p.m.  
Emergency Pantry is open Monday to Friday, 2-4 p.m.

### NATCHAUG SCHOOL, FAMILY RESOURCE CENTER

123 Jackson Street  
Willimantic, CT 06226  
Telephone: (860) 465-2396  
Fax: (860) 465-2383  
Contact: Barbara Hood, Coordinator

#### **Overview of Services/Program**

MIKE, or Males Involved in Kids' Education, began in 1999 as a support group for fathers, and now includes activities for fathers and their children. Call for information and to register.

### PUTNAM FAMILY RESOURCE CENTER

33 Wicker Street  
Putnam, CT 06260  
Telephone: (860)963-6940  
Fax: (860)963-5357  
Contact: Patricia Bryant-Beausoleil

#### **Overview of Services/Program**

The Putnam Family Resource Center (FRC) is designed to support Putnam children and their families. The Family Resource Center is based on the Yale "School of the 21st Century" concept developed by Dr. Edward Zigler. There are seven mandated components of an FRC: a Parents As Teachers Program, which provides support to parents prenatal through age five, Preschool Programs, School Age Child Care, Positive Youth Development, Adult Education, Support & Training for Child Care Providers, and Resource & Referral Services for families who require links to resources. In addition, the FRC provides playgroups for families with children under the age of five; parent workshops and trainings to increase skills; activities to link literacy to fun family events; and a lending library of parenting resources & family materials.

### QUINEBAUG VALLEY COMMUNITY COLLEGE

#### **STRIDE Program**

742 Upper Maple Street  
Danielson, CT 06239  
Telephone: (860)412-7320  
Fax: (860)412-7318  
Contact: Julie Scrapchansky, STRIDE Program Director  
E-mail: [jscrapchansky@qvmc.commnet.edu](mailto:jscrapchansky@qvmc.commnet.edu)

#### **Overview of Services/Program**

STRIDE is a unique, state-funded transitional support workforce development program operating within the Quinebaug Valley Community College's Division of Student Services. The STRIDE Program serves a targeted group of incarcerated men and women both pre-and post-release from Bergin Correctional Institute in Storrs, Bridgeport Correctional Center in Bridgeport, Gates Correctional Institute in Niantic, New Haven Correctional Center in New Haven and York Correctional Institute in Niantic. The class curriculum and post-release services are collaboratively designed to assist the men and women in successfully re-entering the workforce upon release and to resume their parental roles. Eligibility of criteria is as follows: must be currently incarcerated at one of the participating STRIDE correctional facilities; must be a non-custodial parent of a child under the age of 25; you or your children are now or have been recipients of any CT state assistance program such as TFA, SAGA/LIA, HUSKY, SNAP; must be committed to becoming employed and plan to remain in the state of CT; must be able to make and keep scheduled appointments with STRIDE staff, both on a pre- and post-release basis.

### UNITED SERVICES, INC.

P.O. Box 378  
303 Putnam Road  
Wauregan, CT 06387  
Telephone: (860) 564-6100  
Toll free 1-800-953-0295  
Fax: (860) 564-6110

#### **Family Enrichment Services Program**

Contact: Debora Moyer, Parenting Services Manager  
E-mail: [qudamoyer@usmhs.org](mailto:qudamoyer@usmhs.org)

#### **Overview of Services/Program**

The Family Enrichment Services Program provides home-based services to families at risk of child abuse or neglect and are referred by the Connecticut Department of Children and Families. Staff work with parents in the family home and other community settings for up to a year. Services are available in English and Spanish. Goals that may be addressed are: positive discipline, effective communication, establishing routines, budget management, household organization, child development and advocacy. Presently, approximately 25 percent of the participants are single fathers and include teen fathers.

#### **Grandparents Raising Grandchildren Support Group**

Contact: Martha Harrison, Manager, Youth Services  
E-mail: [qumharrison@usmhs.org](mailto:qumharrison@usmhs.org)  
*Bilingual staff available*

#### **Overview of Services/Program**

The Grandparents Raising Grandchildren Support Group is an opportunity for grandparents to meet others in the same situation. The group, facilitated by a staff member, provides a peer environment and the opportunity to share experiences and learn new parenting skills. In addition to the much-needed social support, informational topics are discussed such as parenting issues, self esteem, grief and loss, child development, budgeting and legal issues. Childcare is provided at no charge; refreshments are provided for all.



Funding for the "Promoting Responsible Fatherhood" program was provided by the U.S. Department of Health & Human Services, Administration of Children & Families, Grant #90FR0031, as administered by the Connecticut Department of Social Services.

The Department of Social Services' programs are available to all applicants without regard to race, color, sex, religion, age, marital status, sexual orientation, national creed, ancestry, language barriers, learning disability, physical disability or blindness, criminal record, past or present history of mental disorder, political belief or mental retardation. The Department has a TDD/TTY line for persons who are deaf or hearing impaired: (800) 842-4524. Auxiliary aids are also available for blind or visually impaired persons.

**1.866.6.CTDADS (1.866.628.3237) OR DIAL 211 (INFOLINE)**

[www.fatherhoodinitiative.state.ct.us](http://www.fatherhoodinitiative.state.ct.us)



teach • love • inspire

JOHN S. MARTINEZ  
FATHERHOOD INITIATIVE  
OF CONNECTICUT